

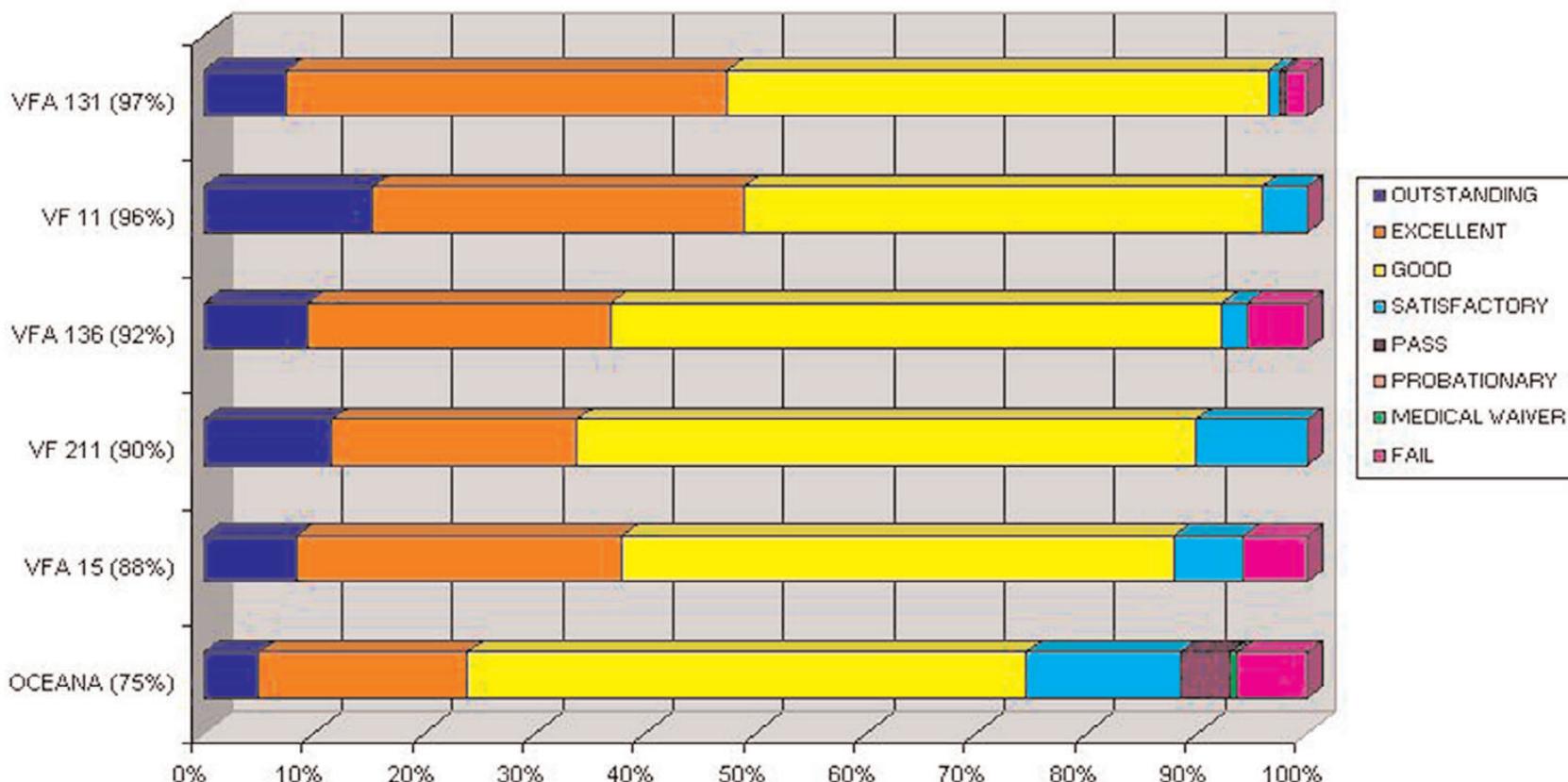
OCEANA
Dam Neck
IN MOTION



In Motion

Outstanding PRT Performers at Oceana

Oceana
Spring 2003
PRT Results



Semi-annually, Physical Readiness Test Results Navywide are gathered and analyzed at Navy Environmental Health Center Portsmouth. This graph showcases the top performers at NAS Oceana

and Dam Neck Annex during the Spring 2003 PRT cycle. Many commands at Oceana and Dam Neck are currently participating in the 2004 Spring PRT cycle; the results of the squadron PRT

scores will be presented in a future *Jet Observer* edition. Congratulations to the VFA-131 "Wildcats" and the VF-11 "Red Rippers" for being the top PRT performers!

Navy's PRT information analyzed semi-annually

by Capt. Bruce K Bohnker

As we continue the campaign for Oceana-Dam Neck IN MOTION, I wanted to present some of the analysis capabilities from the Physical Readiness Information Management System (PRIMS) from BUPERS. From that capability, physical fitness can be compared for base units, depending somewhat on the fitness levels desired. The graph and the information in the box show the five squadrons and the highest five tenant units for NAS Oceana and Dam Neck with the highest overall fitness scores. I present the units with selection criteria as the percentage of squadron personnel attaining good or better on the Spring 2003 PRT, the most recent data we have at Navy Environmental Health Center.

For the squadrons, the "Wildcats" of Strike Fighter Squadron 131 lead the group (97 percent) and the Red Rippers of Fighter Squadron 11 are close behind (96 percent).

Strike Fighter Squadron 136, Fighter Squadron 211 and Strike Fighter Squadron 15 also performed well. For other activities with separate UICS, Navy Marine Corps Intelligence Training Center scored best (80 percent) with Supply next (77 percent). Center for Naval Aviation Technical Training Unit Oceana (formerly NAMTRAU), Fleet Combat Training Center Atlantic and Fleet Area Control Surveillance Facility, Virginia Capes completed the top five. We also present the overall scores for units assigned to NAS Oceana. Obviously, some squadron personnel have put a lot of focus into physical fitness.

As the PRIMS system matures, comparisons can be made across bases and regions, which is a powerful tool to enhance fitness and nutrition in our Navy.

Capt. Bruce K Bohnker, MC, USN(FS), is the Director of Population Health, Navy Environmental Health Center Portsmouth.

Spring 2003 PRT Results

NMITC
80%

Supply
77%

NAMTRAU
77%

FCTCLANT
75%

FACSFAC VACAPES
75%