



Prevention Initiative and Health-Related Behaviors

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Prevention Division

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Overview

- **DoD Prevention Initiative**
 - **Prevention, Safety, and Health Promotion Council (PSHPC)**
- **1998 DoD Survey of Health-Related Behaviors Among Military Personnel**



DoD Prevention Plan Background

- **Under Secretary of Defense for Personnel and Readiness, Mr. Rudy DeLeon, Sponsor**
- **Prevention Conference**
 - **8-9 Jun 98 DoD Prevention Planning Meeting**
 - **Action Plans**
 - **Alcohol Abuse**
 - **Tobacco Use**
 - **Injury/Occupational Illness**



DoD Prevention Targeted Plans

- **Alcohol Abuse**
- **Tobacco Use**
- **Injury/Occupational Illness**



Other Prevention Initiatives

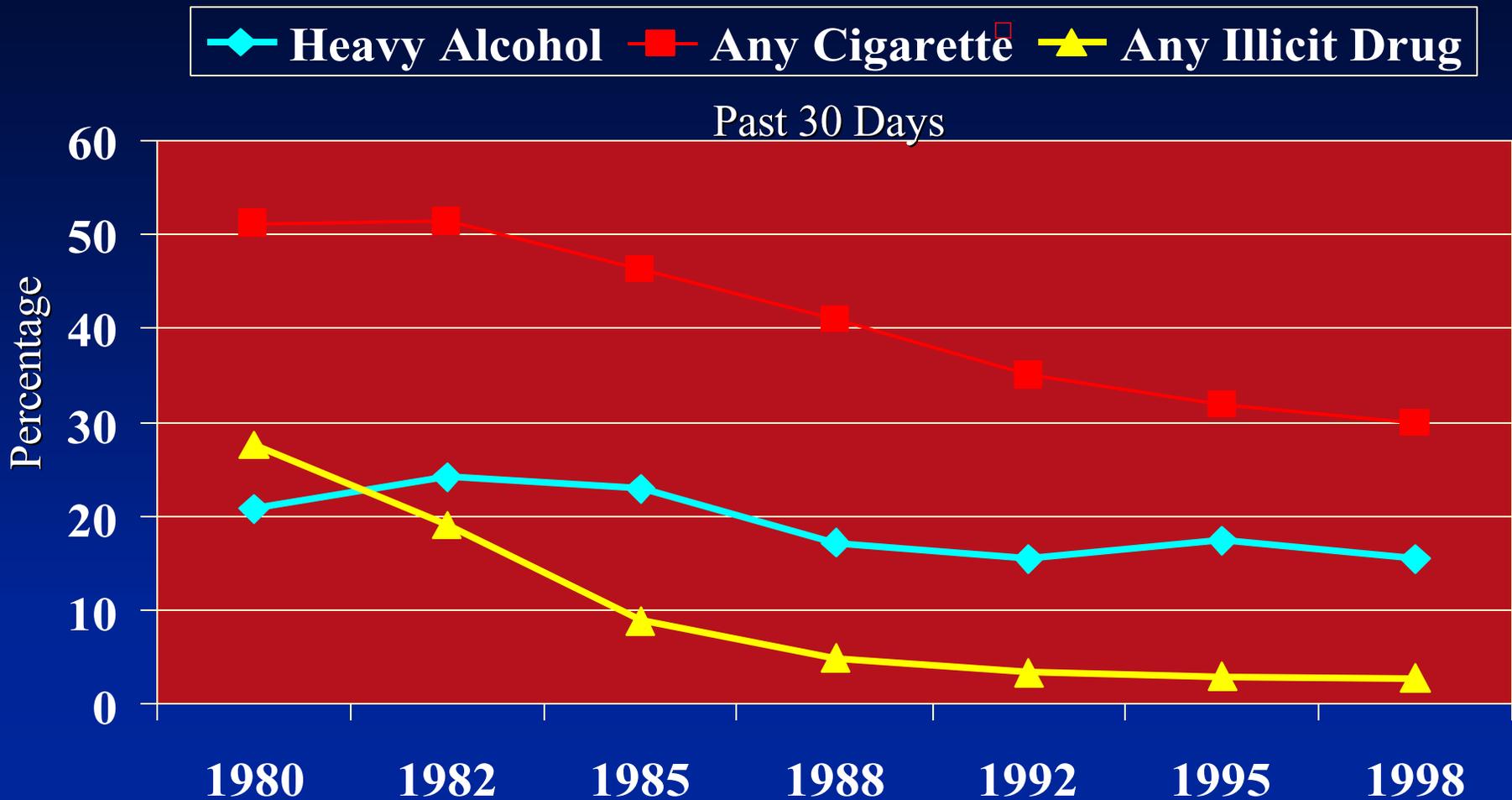
- **Put Prevention Into Practice**
- **Joint Preventive Medicine Policy Advisory Group**
- **Health Enrollment Assessment Review**
- **Sexually Transmitted Disease**



DoD Survey of Health Related Behaviors Among Military Personnel

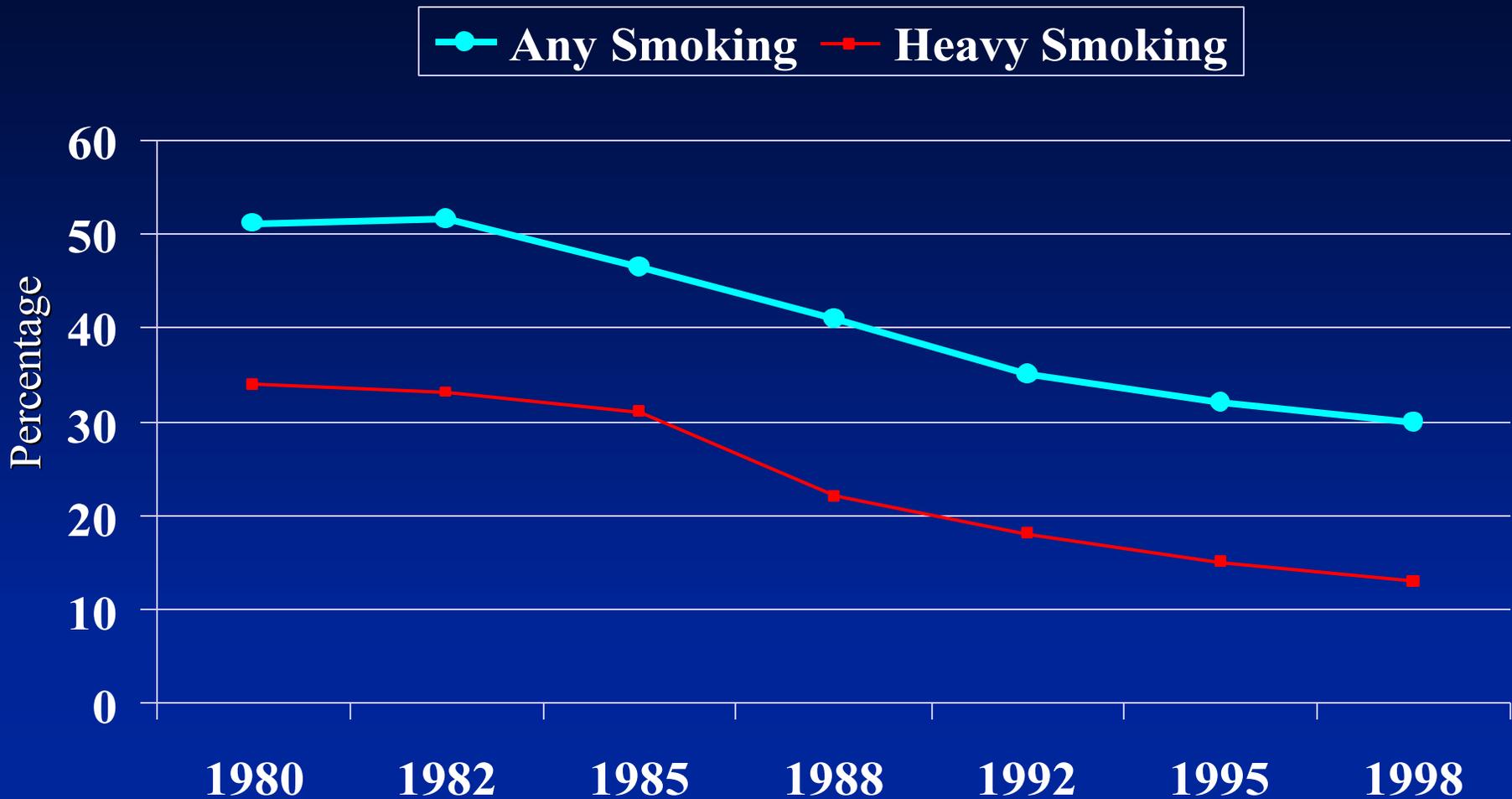


DoD Substance Use 1980-1998





Smoking 1980-1998





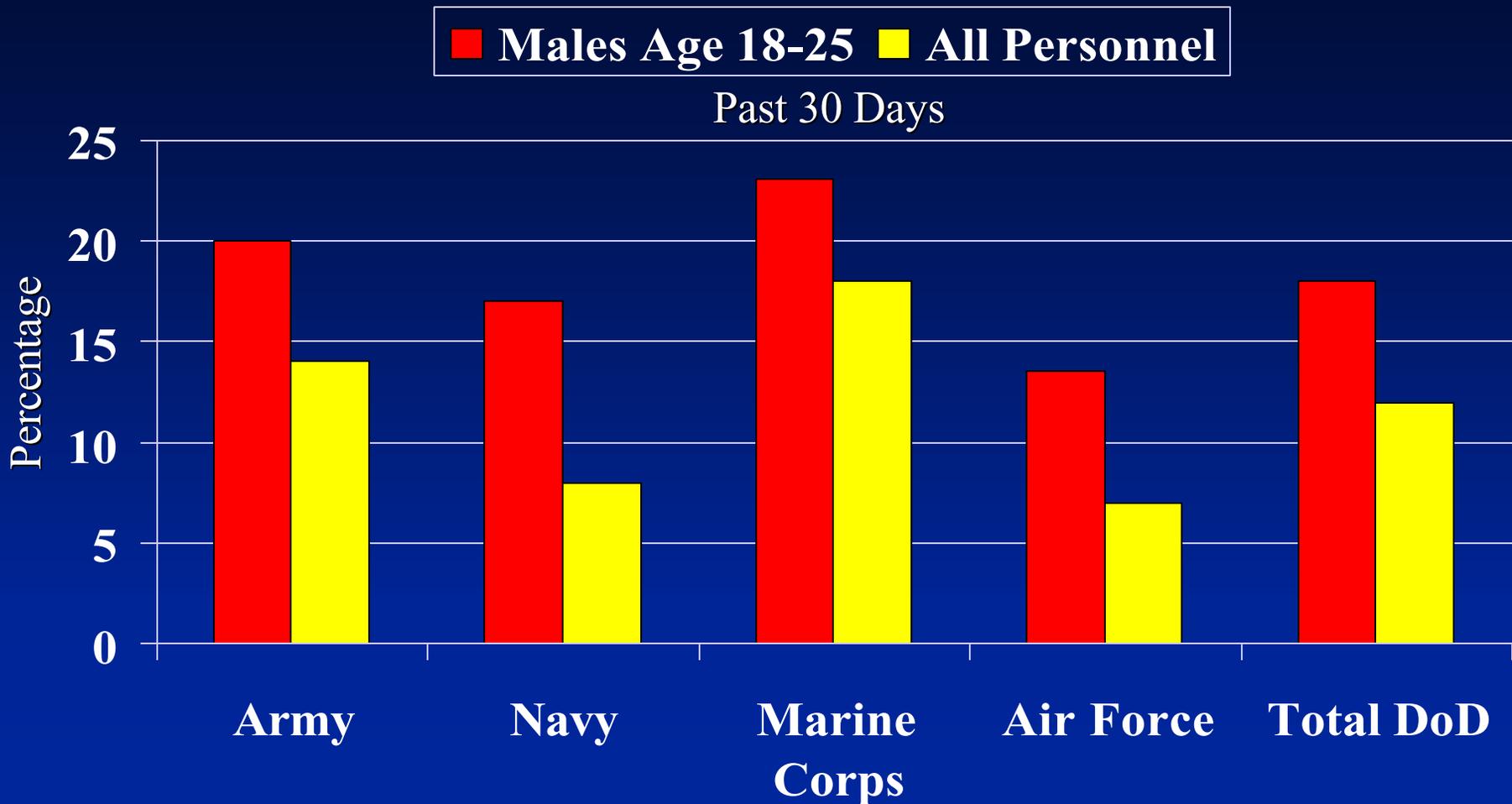
Cigarette Smoking Status

<u>Group Status</u>	<u>Total DoD (%)</u>
Among All Personnel	
Never smoked	56.2
Former smoker, quit over a year ago	10.3
Former smoker, quit within past year	3.8
Among Smokers, Past Year	
Former smoker, quit within past year	11.3
Current smoker, tried to quit	46.6
Current smoker, didn't try to quit	42.2
Among Current Smokers	
Planning to quit in next 30 days	33.5
Intending to quit in next 6 months	23.8

Past 12 Months, Total DoD

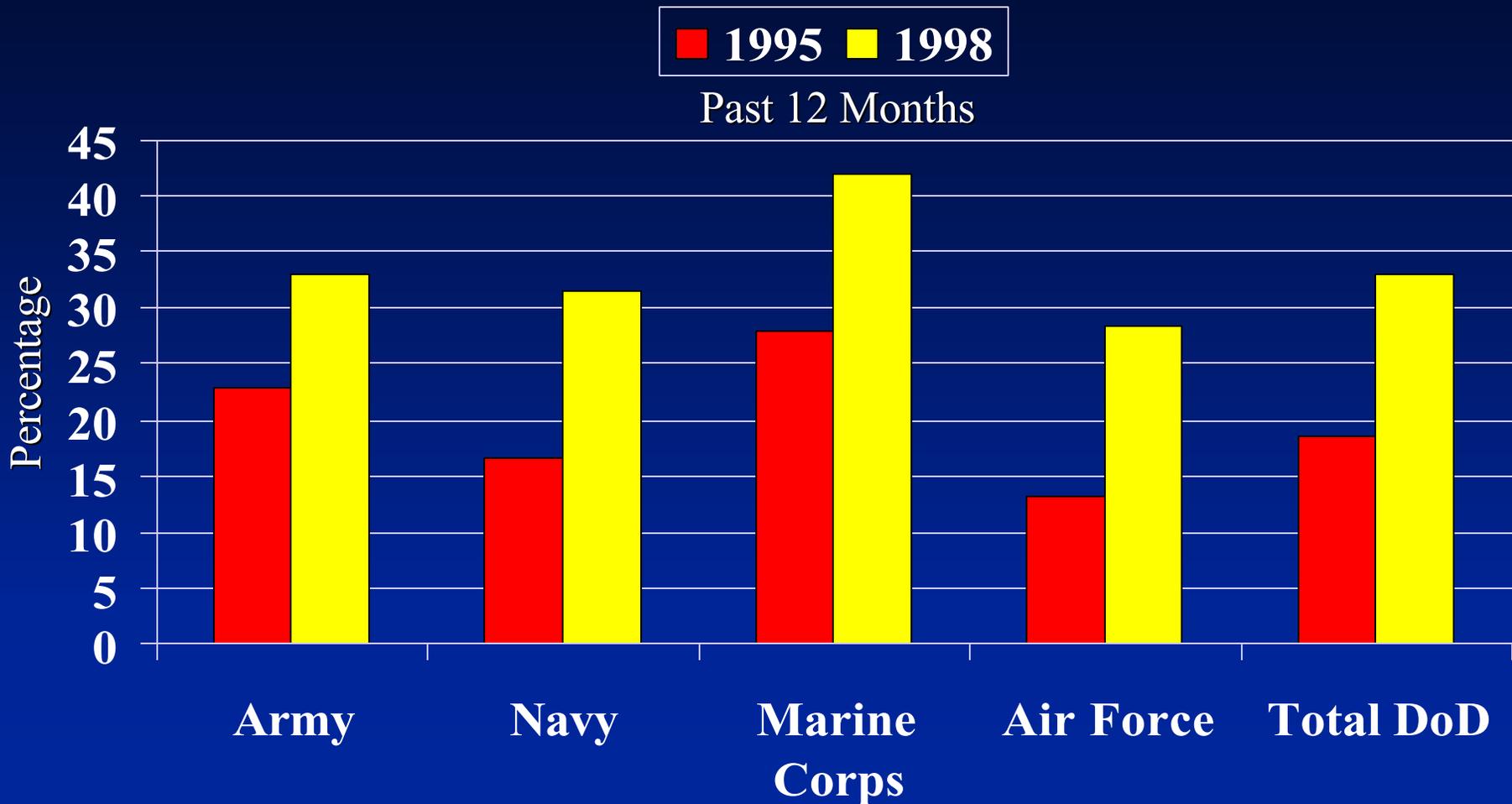


Smokeless Tobacco Use





Any Cigar or Pipe Use 1995 and 1998





Substance Use Patterns

Demographics

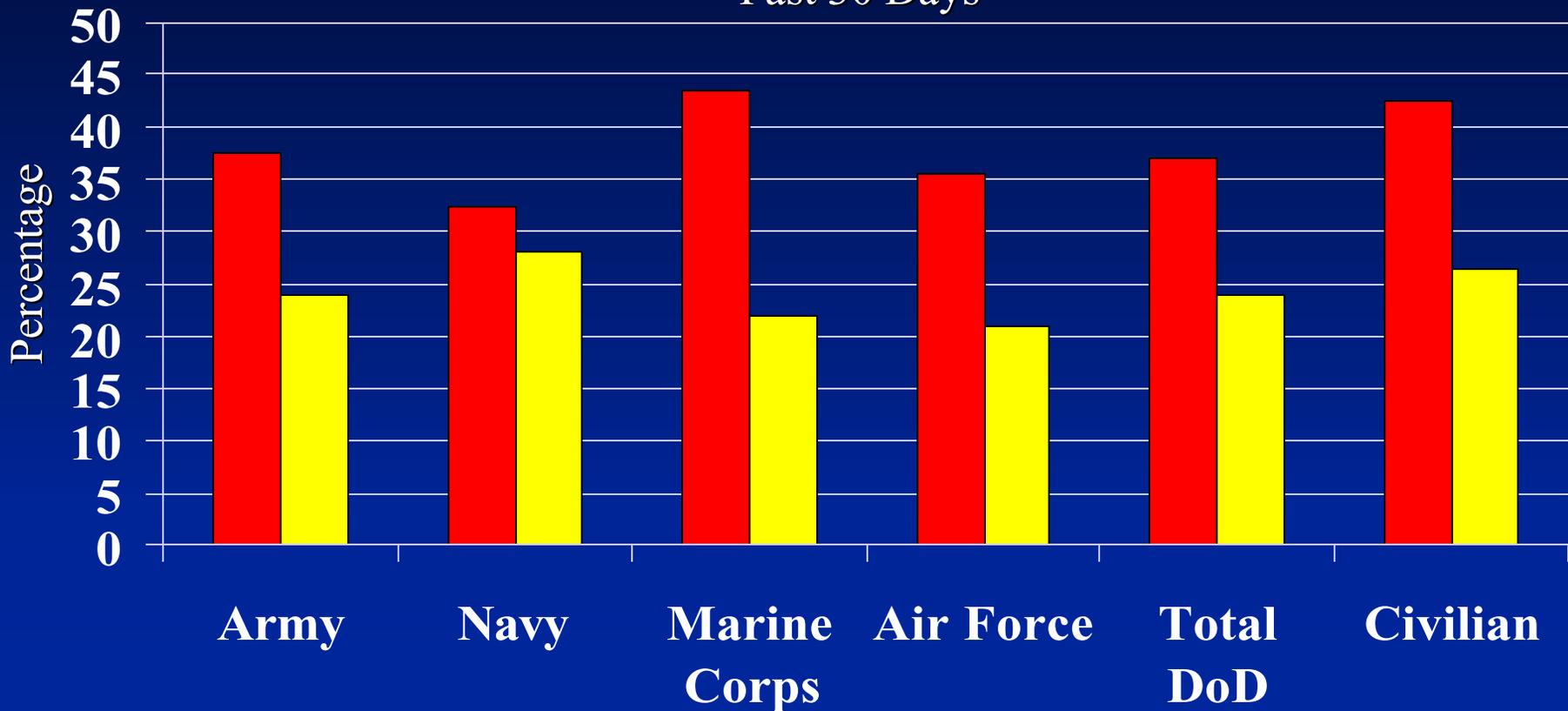
- Usage rates of heavy alcohol, any illicit drugs, and any cigarettes were higher among personnel who were
 - Male
 - Less educated
 - Younger
 - Not married (compared to married, living with spouse)
 - Junior enlisted



Military vs. Civilian Cigarette Smoking

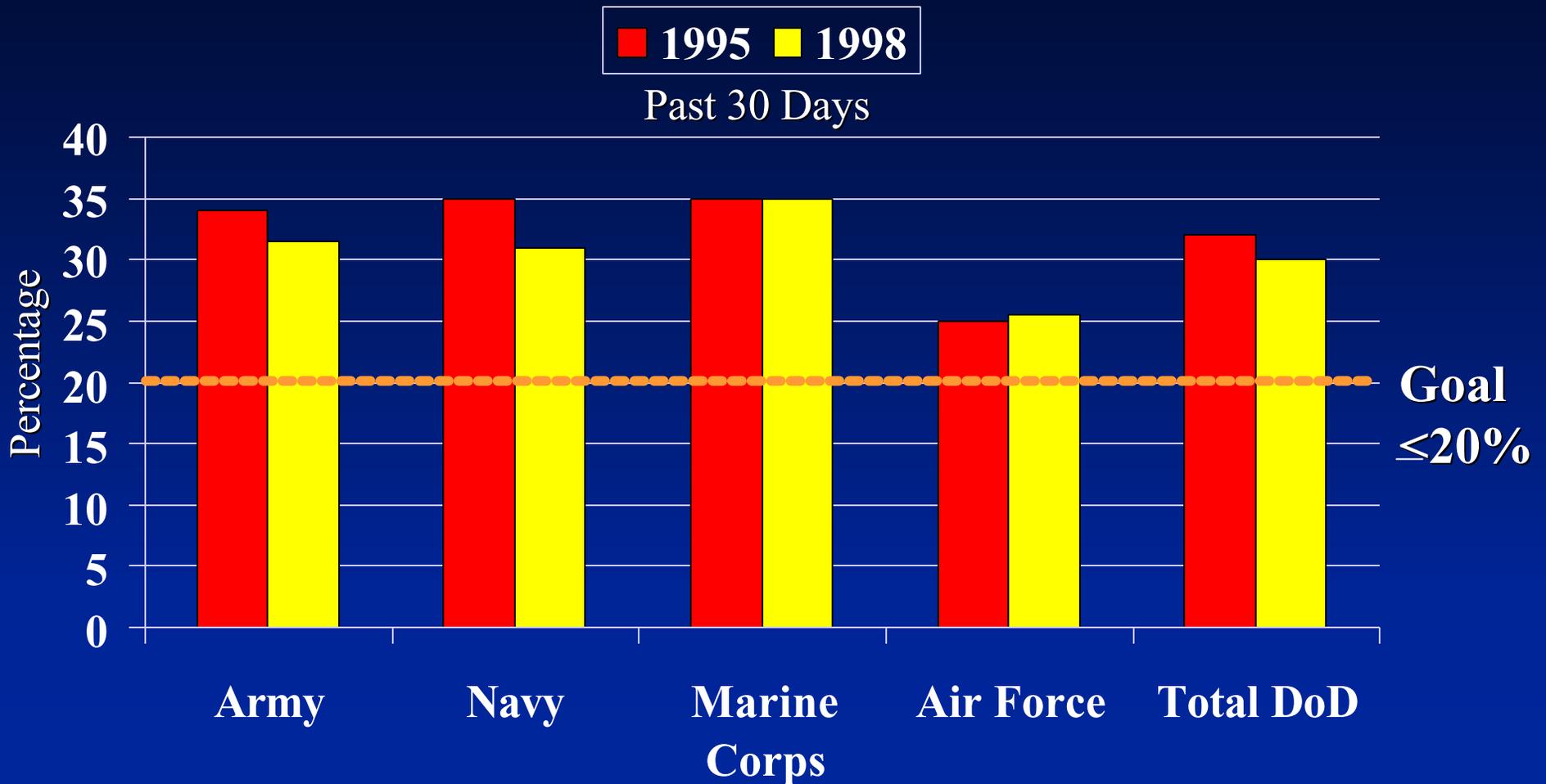
■ Age 18-25 ■ Age 26-55

Past 30 Days



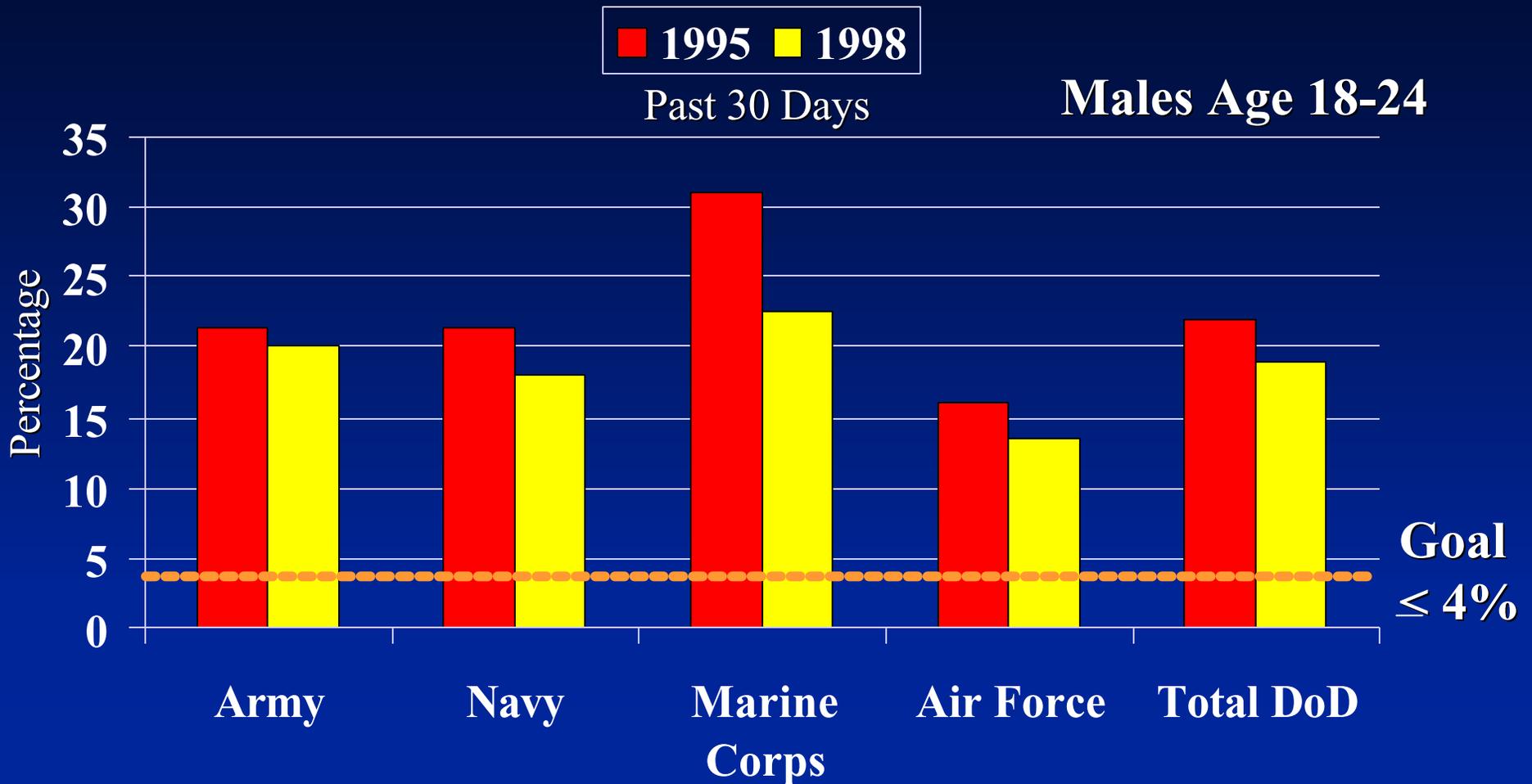


Healthy People 2000 Cigarette Smoking



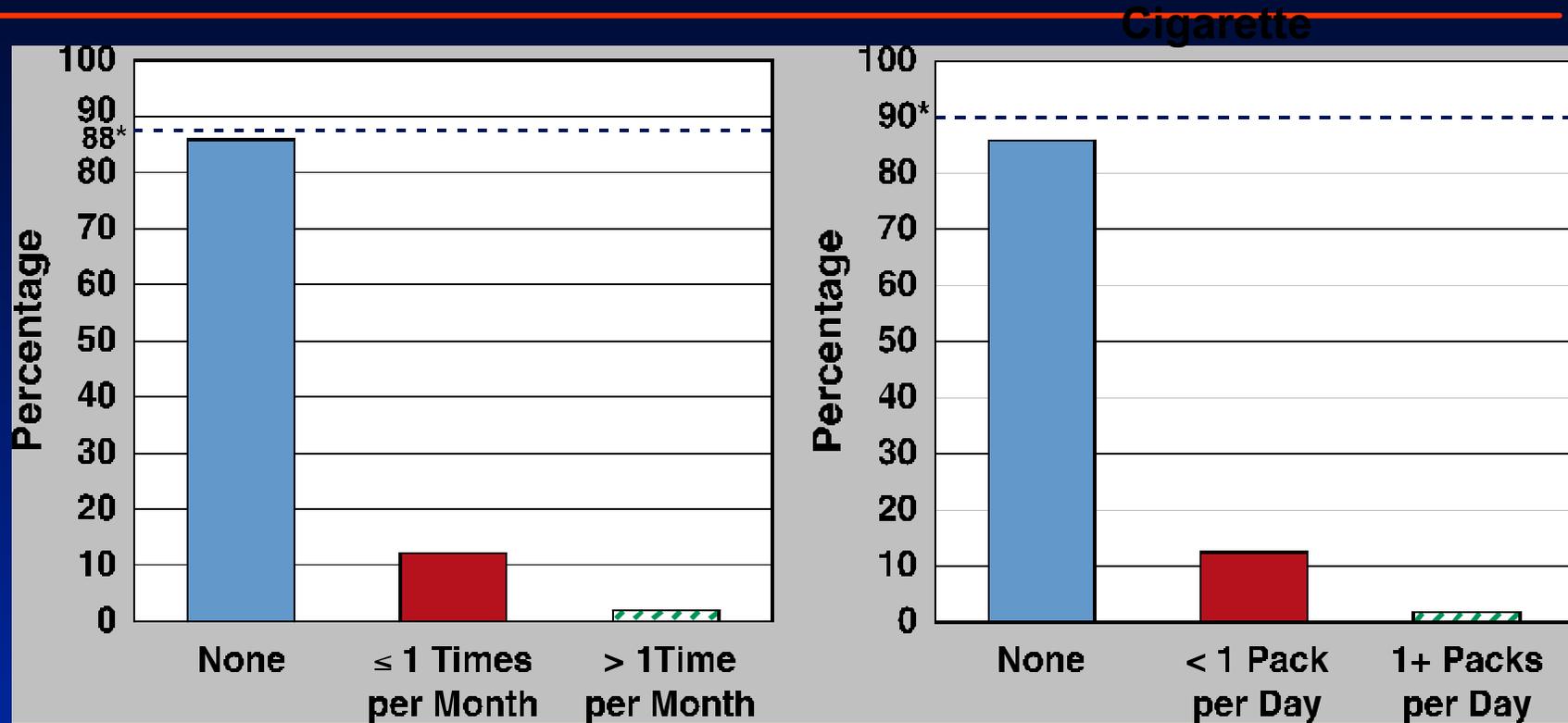


Healthy People 2000 Smokeless Tobacco Use





Alcohol and Cigarette Use During Most Recent Pregnancy



Past 5 Years, Total DoD

*The *Healthy People 2000* objective is $\geq 88\%$ abstaining.

*The *Healthy People 2000* objective is $\geq 90\%$ abstaining.



Air Force Smoking Cessation

- All bases
- NRT offered
- Active Duty primarily
- Not standardized



Questions?

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