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Friday FACTS

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"Leadership, Partnership, and Championship"

15TH NATIONAL CONFERENCE CHRONIC DISEASE PREVENTION & HEALTH PROMOTION

One of the best training conferences for health promotion practitioners the Annual National Conference on Chronic Disease Prevention and Control. this CDC sponsored conference will be held in Washington DC November 29-Dec 1, 2000. Invitees are: physicians, nurses, dentists, nutritionists, dieticians, health educators, epidemiologists, statisticians, behavioral scientists, health communication specialists, evaluation specialists, health economists. Go to: <http://www.cdc.gov/nccdphp/conference/2000info.htm> or call Estella Lazenby at (301) 588-6000 for further information re: the CDC National Conference. You will also find great information and links for HP programs, at the CDC site. Specifically: Tobacco: <http://www.cdc.gov/nccdphp/tobaccou.htm> Physical Activity and Good Nutrition: <http://www.cdc.gov/nccdphp/dnpa/dnpaaag.htm> National Health and Physical Activity Observances: <http://www.cdc.gov/nccdphp/dnpa/readysset/calendar.htm>

A related link "About Chronic Disease" <http://www.cdc.gov/nccdphp/about.htm> addresses cost-effectiveness of prevention and practical interventions for controlling and preventing many chronic diseases. For instance, "implementing proven clinical smoking cessation interventions would cost an estimated \$2,587 for each year of life saved, the most cost-effective of all clinical preventive services". Cost savings for diabetes outpatient education, mammography screening, cervical cancer screening, water fluoridation, birth defects, and self-care arthritis programs are also cited. Thanks to Nancy Von Tersch, NEPMU2, Fleet PC Coordinator for these links.

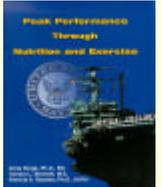


The Centers for Disease Control and Prevention has developed a Web site, www.cdc.gov/hoax_rumors.htm, to dispel concerns about new diseases or drug safety scares that are passed around the Internet. Mostly spread by concerned people who pass e-mail messages about health issues to their friends, the good intentions of Web users have a tendency to create an "urban legend," or completely false safety scare. They range from non-existent food contamination to date-rape drugs that exist only in the mind of the message creator, or HIV-infected needles stuck into movie theater seats. After receiving 250 phone calls and 500 e-mails per week for just one hoax, the CDC opted to create its informational Web site to combat the myths. According to CDC spokesman Tom Skinner, "So many of the hoaxes used the CDC as a supporting voice of authority in their messages, so we decided to make a formal response." http://www.cdc.gov/hoax_rumors.htm

The Force Health Protection: Nutrition and Exercise



Resource Manual
and the Peak
Performance
Through
Nutrition and
Exercise Manual



is now available for viewing and downloading on the NEHC Nutrition website at: <http://www-nehc.med.navy.mil/hp/nutrit/index.htm> and the Naval Hospital Camp Lejeune at: <http://lej-www.med.navy.mil/index1.htm?Command=Accept>

Humankind has not woven the web of life. We are but one thread within it.
Whatever we do to the web, we do to ourselves. All things are bound
together. All things connect.

- Chief Seattle