

# FORGING THE FUTURE:



Visit the NEHC Health Promotion Home Page  
<http://www-nehc.med.navy.mil/hp/index.htm>

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## Friday FACTS

6 July 2001

"Leadership, Partnership, and Championship"

### Year 2002 Award for Command Excellence in Health Promotion Packages Available!

The Year 2002 Award for Command Excellence in Health Promotion Package is now available on the NEHC HP Homepage ([www-nehc.med.navy.mil/hp/command-excellence-award](http://www-nehc.med.navy.mil/hp/command-excellence-award)). Go to the website to download the latest version of the award package. Any command planning to apply for a Year 2002 award will need to use this updated version of the package. Applications for the 2002 Awards are due March 01 for the period of 1 Jun 01—31 Dec 01



This newly released document by CDC has the latest tobacco data! The report details the impact and costs of tobacco usage, prevalence rates, and program funding among other items for each state. This CDC publication is available online at [http://www.cdc.gov/tobacco/statehighlights/df\\_2001/2001statehighlights.pdf](http://www.cdc.gov/tobacco/statehighlights/df_2001/2001statehighlights.pdf)

### Tobacco Websites... that may be of value to you and others!

- <http://www.findhelp.com>
- [http://dccps.nci.nih.gov/TCRB/spit\\_kids.html](http://dccps.nci.nih.gov/TCRB/spit_kids.html)
- <http://www.nicotinefreedom.com>
- <http://www.rd.com>
- <http://www.lungusa.org/ffs/>
- <http://www.mayo.edu/ndc>
- <http://stopsmokingcenter.net>

### VA/DoD Tobacco Use and Cessation Clinical Practice Guideline Broadcast

Sign up for the free Tobacco CPG Training! It is geared for primary care clinical staff, dental, and tobacco specialists! CME's are available. The Broadcast is scheduled for 19 September 1300-1530 EST. To register go to: <http://www.swankhealth.com>



Managing My Anger is a new self help resource available! The materials may be accessed on the Stress Management Page (under Bumps in the Road- Anger and also under Stress Management Programs).

Updated **Suicide Prevention** materials are also now online! See Warning Signs and Risk Factors...  
<http://www-nehc.med.navy.mil/hp/>

### Suicide Rate Down

Suicide is no longer among the top 10 leading causes of death in the United States, a new study shows today. Suicide dropped from the eighth leading cause of death in 1998 to the 11th in 1999, the Centers for Disease Control and Prevention (news - web sites) reports. The CDC statistics show that heart disease, cancer and stroke remain the three leading causes of death in the United States. For additional information visit: [http://dailynews.yahoo.com/h/hsn/20010627/hl/suicide\\_rate\\_down\\_1.html](http://dailynews.yahoo.com/h/hsn/20010627/hl/suicide_rate_down_1.html)

*"Between yesterday's regrets and tomorrow's dreams is today's opportunity."*

*- Anonymous*