



SUICIDE PREVENTION PROTECTIVE FACTORS

- ◆ **Religious faith and active religious affiliation**
- ◆ **Marriage and social supports**
- ◆ **Absence of depression and substance abuse**
- ◆ **Presence of young dependent children**
- ◆ **Ongoing supportive relationship with a caregiver**
- ◆ **Proven problem solving and coping skills**
- ◆ **Living close to medical and mental health resources**

From Leonardo Tondo, M.D. and Ross Baldessarini, M.D.,

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