

From: Health Promotions Coordinator  
To: All NUMI active duty staff

The Navy has instituted a new program in the Medical Department called PREVENTIVE HEALTH ASSESSMENT, OPNAV INSTRUCTION 6120.3. It's purpose is to identify health problems, disease processes, and / or risk factors well ahead of time, before they become a serious threat, i.e. put prevention into practice. The program requires the following: periodic blood pressure checks, cholesterol testing, documentation of training, allergies, immunizations, occupational health tests, smoking habits, family history, etc. **ALL** Navy Medical Departments are required to institute this into health records this year. To assist me in filling out your DD 2766, Adult Preventive and Chronic Care Flowsheet, please answer the following questions & return this questionnaire to myself or HMC Repking NLT 15 Feb 02. Thank you! *(Of course the Privacy Act is effect & this information will be treated in such a manner)*

D. HARRIS  
LT USN

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1. Medication allergies:

Other allergies:(i.e. Cats or Dogs, Bees, Dust, etc.)

2. Chronic illnesses:

3. Chronic medications currently taking (including herbal supplements / weight loss meds):

4. Hospitalizations / Surgeries:

5. Family history of:(who?; maternal or paternal?)

a) Cancer-

b) Cardiovascular disease-

c) Diabetes-

d) Mental illness/chemical dependency-

6. Current weight:                      height:

7. Result of last PRT:      Pass              Fail              Waiver

8. Last blood pressure check you recall:

9. Last Cholesterol or Lipid profile check you recall:

10. Tobacco use: Yes / No      If yes, do you smoke cigarettes, cigars,  
&/or a pipe?

If yes, how much per \_\_\_\_\_day or \_\_\_\_\_ week

And / or do you chew tobacco: if yes, how much per \_\_\_\_ day or \_\_\_\_  
week

Yes, some of this information is in your medical record, but please fill out this form so that I can ensure your record is complete, and make updates. This form is retained under the Privacy Act of course. Please return this form as soon as possible. Thank you for your assistance.