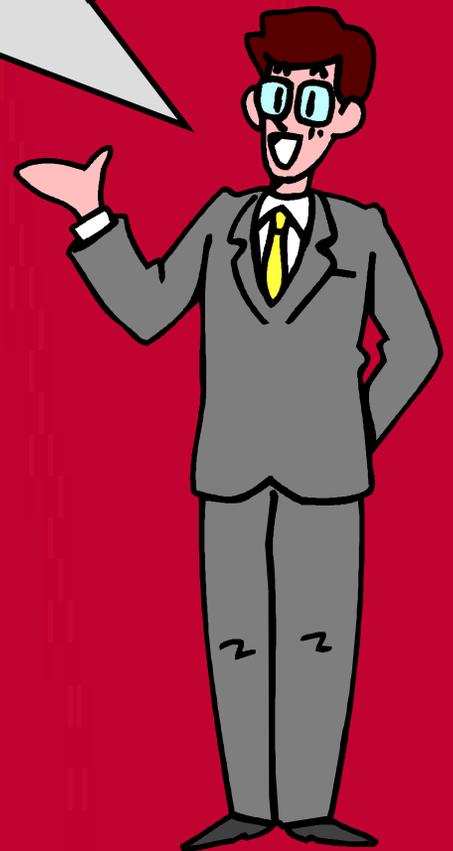


Do You Want To Quit Smoking?

We Can Help!!



REAL MEN
DON'T
SMOKE or DIP!



Commit
To
Quit!



RISE

From The

Smoke & Ashes!



**You CAN
Do It!**

**Commit To
Quit!**



What Are YOUR Reasons For Quitting?



More \$\$ MONEY \$\$



Independence & Freedom



Improved Health

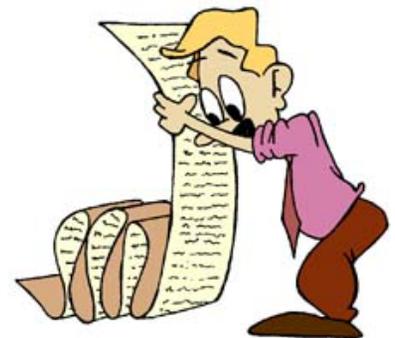


Enhanced Self-Esteem



Other Reasons?

Make A List!



**Do Not
DIE
Trying!**



**We Can Help You
Quit Smoking!!**

QUIT!



**Others
Will
Follow!**



QUITTING TIPS

◆ Plan a Day & Date To Quit



◆ Go “Cold Turkey”



◆ Make Sure Your Surroundings Are Non-Tobacco Friendly



◆ Enlist Support From Others



◆ Plan For & Be Prepared For Potential Difficulties



◆ Congratulate Yourself For Your Progress & Success!



FRIENDS
Don't Let
FRIENDS
Smoke & Chew!

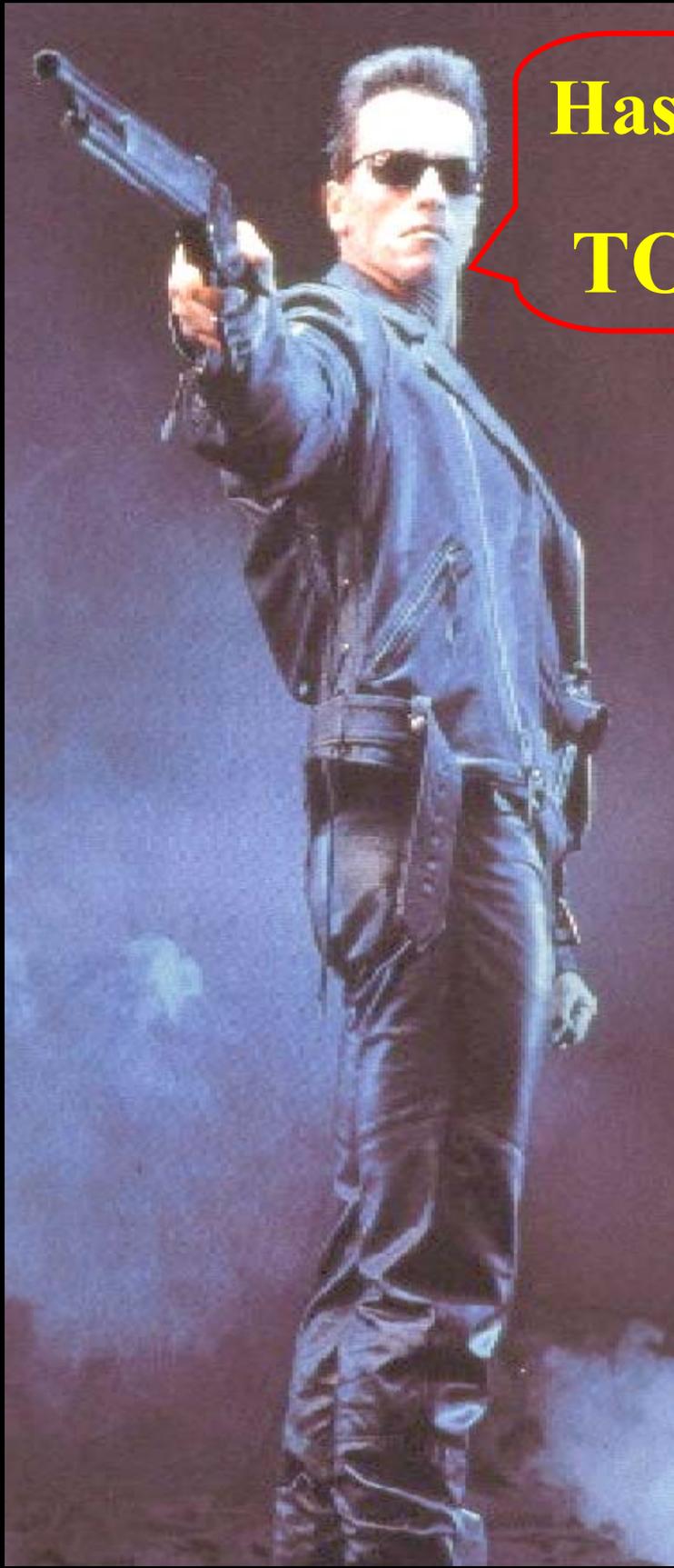




Kick The Buttt!



Commit To Quit!



Hasta La Vista
TOBACCO!



YOU Can QUIT!





We Are Tobacco Free!!

