

FORGING THE FUTURE:



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Friday FACTS

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14 March 2003

"Leadership, Partnership, and Championship"

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28th Annual
National Wellness Conference
July 12-17, 2003 • Stevens Point, Wisconsin

Some of This Year's Featured Speakers

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For more information or to register online: www.nationalwellness.org

28th National Wellness Conference: "Leading the Way: Wellness In A Changing World" 12-17 July, 2003

Online registration is now available for the National Wellness Institute's 2003 National Wellness Conference. Held annually in Stevens Point, Wisconsin, the National Wellness Conference is one of the most acclaimed conferences for health promotion and wellness professionals. This year's conference will feature over 180 presentations, program demonstrations, two series of exhibits, multiple intensive Certificate Programs, and selective preconference sessions. Participants will be able to earn up to 50 CEUs. For more information go to: <http://www.nationalwellness.org/Body/b-confreg.asp>

Quotas Still Available for May Health Promotion Director Training and Certification Course

There are still a few seats available for military members E-7s and above or civilian staff, GS-9 and above in the 19-23 May 2003 Health Promotion Director Training and Certification Course at Club Coronado, San Diego, CA. The deadline has been extended to Friday, 21 March to request a quota for the course. Please access BUMED message date/time group R 311844Z JAN 03 for information regarding the procedure to request a quota or E-mail Vickie Haidle at haidlev@nehc.med.navy.mil or Sally Vickers at vickers@nehc.med.navy.mil for more information regarding the course.

April 13-19— National Infant Immunization Week

Get Your Child Off to a Healthy Start: Immunize

Immunizations are one of the most important ways you can protect your child against serious diseases. They can protect your child against 11 vaccine-preventable diseases including hepatitis B, diphtheria, tetanus, pertussis, polio, haemophilus influenzae type B

(the leading cause of bacterial meningitis in children under age five), rubella, mumps, measles, chicken pox, and pneumococcal pneumonia. It is important to start your child's immunizations shortly after your child is born.

Contact your healthcare provider or local health department about getting your child immunized. Remember to keep your child's immunization appointments. Your child's health depends on it.

To download, reprint, and distribute the 2003 Recommended Childhood and Adolescent Immunization Schedule, please go to <http://www.cdc.gov/nip/recs/child-schedule.pdf> or <http://www.cdc.gov/nip/recs/child-schedule.htm>.)

Source: Centers for Disease Control and Prevention National Immunization Program, www.cdc.gov/nip.



*"The mind has exactly the same power as the hands; not merely to grasp the world, but to change it."
- Colin Wilson*