



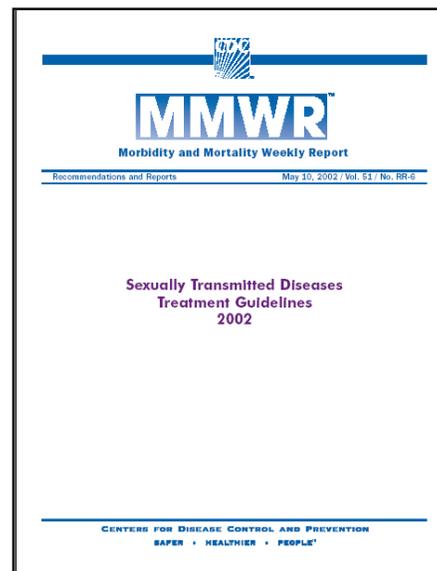
# SHARP News

## CDC Issues New STD Treatment Guidelines

The Centers for Disease Control and Prevention (CDC) has issued revised guidelines for the treatment of sexually transmitted diseases (STD) in the Morbidity and Mortality Weekly Report Vol. 51 No. RR-6, dated May 10, 2002. The document may be accessed on-line at the CDC website at <http://www.cdc.gov/std> or on the SHARP website (<http://www-nehc.med.navy.mil/hp/sharp/index.htm>).

A glance at some changes from the previous (1998) version:

- Summarizes five concepts in STD prevention and control: (1) education and risk-reduction, (2) screening to detect cases, (3) diagnosis and treatment, (4) sexual partner notification and treatment, and (5) pre-exposure vaccination
- Recommends client-centered prevention counseling for patients infected with an STD or at high risk of being exposed (i.e. the same skills taught by SHARP in the 2-day course "Fundamentals of HIV-STD Prevention Counseling")
- Encourages clinicians to assess the sexual risk behavior of their patients (an approach which is supported by the SHARP downloadable, fully-scripted lecture and student manual "Sexual Risk Assessment in the Outpatient Setting")
- Includes expanded recommended screening tests for pregnant women
- Recommends annual screening for chlamydia for sexually active adolescent women, sexually active women aged 20-25, and older women with risk factors
- Updates information about condoms lubricated with nonoxynol-9 as being no more effective than other lubricated condoms in protecting against HIV and other STDs and includes concerns about frequent use of spermicides
- Includes condom-use recommendations and expected levels of effectiveness
- Contains new alternative regimens for the treatment of scabies, bacterial vaginosis, early syphilis and granuloma inguinale
- Includes more information about the diagnosis of genital herpes
- Contains a revised protocol for the treatment of sexual assault victims
- Provides patient education messages for people infected with Human Papillomavirus
- Includes information about quinolone-resistant gonorrhea
- Contains Hepatitis A and Hepatitis B pre and post-exposure vaccination recommendations
- Includes information about Hepatitis C as an STD



# Sexual Health and Responsibility Program (SHARP)

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