



# SHARP News



## New GMT Released: “Chart a Safe Course for Your Sexual Health”

The Navy Center for Personal Development (CPD) has released the General Military Training (GMT) package for FY04. Included is a new video “Chart a Safe Course for Your Sexual Health”.

All commands that have active duty Navy members assigned should have received the video by mail in October 2003. The videotape is labeled “FY 04 GMT VIDEOS (5)”.

This video depicts a Sailor interacting with health care professionals. Together, they identify his risky sexual behavior; decide on, and develop a personalized risk reduction plan, and bring his sexual partners to treatment. The video was a collaborative effort of NEHC-SHARP, the CPD, and the Navy Education and Training Personal Development Center.

SHARP instructors are encouraged to contact their local non-medical commands and offer to assist them with their FY04 sexual health GMT! Play the video, then lead a discussion using the supporting lesson training guide and PowerPoint slides.

Order a copy of the video from SHARP.

Download the supporting lesson training guide and PowerPoint slides at <http://www-nehc.med.navy.mil/hp/sharp/presentations.htm>.

## Sexual Health and Responsibility Program (SHARP)

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