

# The President's Challenge

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## **OBESITY & DIABETES STILL ON THE RISE**

The Centers for Disease Control and Prevention (<http://www.cdc.gov>) recently reported findings about the increasing rates of obesity and diabetes in Americans. According to this study, in 2001 more than 44 million Americans were obese and 16.7 million Americans were diagnosed with diabetes. When compared to the prior year, the nation's obesity rate increased from 19.8 to 20.9 percent and the number of diagnosed diabetes cases increased from 7.3 to 7.9 percent. It is believed that these increases are even higher as the data is based on phone interviews rather than actual physical examinations. To read the full details of these findings, please visit <http://www.cnn.com/2003/HEALTH/conditions/01/01/obesity.diabetes.ap/index.html>