



Navy Environmental Health Center  
Sexual Health and Responsibility Program (SHARP)



## **SHARP Stakeholders' Report Accomplishments and Progress, 1 July 2003 – 30 June 2004**

### **SHARP Products and Services**

- Consultation and Policy Development
- Prevention Training
- Prevention and Education Products

### **Consultation and Policy Development**

Provided telephone consultation and educational materials to preventive medicine and health promotion professionals at multiple Navy and Marine Corps locations, NETC Center for Personal Development, BUMED Women's Health and NAVPERSCOM Office of Women's Issues.

Secured and trained an active duty HIV-positive Sailor to fill the new funded SHARP Peer Educator billet at NEHC.

Wrote and submitted a complete revision to NAVMED P-5036 *VD Interviewers Guide*.

Published an article on confidentiality and care for sexually transmitted diseases in *Navy Medicine*.

Completed an IRB-approved study to evaluate the effectiveness of SHARP lecture *Sexual Risk Behavior Assessment and Intervention in an Outpatient Setting*.

Launched a challenge to MTFs to apply *the Voluntary Sexual Health Criteria for Navy MTFs*. These criteria enable medical treatment facilities and operations to self-measure and monitor their STD and unplanned pregnancy prevention practices and outcomes, and benchmark with Healthy People 2010 objectives.

Provided interview to *Navy Lifelines* regarding the transmission and prevention of Humanpapilloma Virus.

Submitted an article on unplanned pregnancy prevention among active duty Sailors to *Navy Medicine*.

Collaborated with the Naval Recruit Training Center to establish a new sexual health intervention for all recruits just prior to their graduation from boot camp.

## Prevention Training

A total of 1,107 SHARP courses were completed and 5,614 continuing education credits were offered. Details:

Administered four SHARP self-study courses, completed by 478 Navy and Marine Corps customers.

Trained 495 Navy medical personnel in HIV-STD prevention counseling skills and sexual partner counseling and referral skills at Naval Hospital Guantanamo Bay, Naval School of Health Sciences-San Diego, Naples, Pearl Harbor, Chesapeake, and Bremerton.

Trained 125 Navy health care providers in sexual risk assessment skills at the Surface Warfare Medical Officer Indoctrination Courses (SWMOIC) at San Diego CA and Portsmouth VA, Naval Hospital Guantanamo Bay, Naval Hospital Naples, Naval Hospital Bremerton, and Regional Support Group, Norfolk.

Sponsored and organized *American Red Cross HIV Instructor Certification* training for 17 Navy medical professionals at Chesapeake, VA.

Completed instructor training for the Surface Force Independent Duty Corpsmen staff at Naval School of Health Sciences (NSHS), San Diego – SHARP courses on HIV-STD prevention counseling and sexual partner counseling and referral are now part of the IDC curriculum and are wholly taught by a NSHS instructor. Since November 2003, 44 IDCs have been taught by SHARP-trained IDC instructors.

Completed instructor training for NEPMU-5 San Diego and NEPMU-6 Pearl harbor to teach HIV-STD prevention counseling and sexual partner counseling and referral to their customers.

## Prevention and Education Products

Developed an education campaign plan, to be launched Navy-wide in FY05, for the prevention of unplanned pregnancies among active duty Sailors. Components include GMT and NMT lesson plans, PowerPoint slides, a web-based training module, a Navy film, Navy posters, and “GMT-Extra” materials and plan for the involvement of local Naval medical professionals assisting with local GMT/NMT.

Conducted focus groups and coordinated development of 2 new Navy sexual health posters (estimated completion Jul 04).

Published new guide *Frequently Asked Questions About Targeted Condom Access for Disease and Unplanned Pregnancy Prevention*.

Developed a new compact disk *SHARP Toolbox 2004* containing health promotion and disease prevention resources.

Published and electronically distributed 24 issues of newsletters (*SHARPNews*) to 702 health educators, preventive medicine professionals, and volunteer SHARP instructors.

Developed and launched a new webpage dedicated to syphilis management.

Developed and launched a new webpage dedicated to unplanned pregnancy prevention.

Navy Environmental Health Center, Sexual Health and Responsibility Program (SHARP)  
**SHARP and SHARP-Adopted HP 2010 Goals** (updated 7/6/2004)



Sexual Health Objective (and HP2010 Objective Number)	HP2010 Target	U.S. Baseline and DoN Status	SHARP target	DoD/DoN Requirement
<b>Family Planning</b>				
9-1: Increase the proportion of <b>pregnancies</b> that are intended	70%	U.S. = 51%. Navy enlisted-2001=36%; Navy Officer=72%. USMC data not available.	70%	supports MANMED (page 15-69)
9-3: Increase the proportion of females at risk of unintended pregnancy (and their partners) who use <b>contraception</b>	100%	U.S.-1995=93%. (note: USN-2001=70% of women with UIP did not use contraception)	100%	supports MANMED (page 15-69)
9-5: Increase the proportion of health care providers who provide <b>emergency contraception (ec)</b>	developmental	Note: EC is available at all Navy MTFs. In 2002, 23% of Navy women and 10% of Navy men were aware of EC at MTFs	90%	MANMED (page 15-69)
<b>HIV</b>				
13-5: Reduce the number of <b>HIV cases</b> among adolescents and adults	developmental	U.S.=developmental. Active duty cases in 2003: USN=87(29/100K) USMC=13(9/100K)	8 per 100K	DoDI 6485.1
13-6: Increase the proportion of sexually active adults who use <b>condoms</b>	50%	U.S.-1995=23% among females. Navy-2002=46.4%. USMC-2002=43.3%	50%	supports BUMED Inst 6222.10A
<b>STD Prevention</b>				
25-1a-c: Reduce the proportion of males and females aged 15-24 infected with chlamydia.	3%	U.S.-2002=3-14% (median 5.6%) or 140-851/100K. DoN: prev. unk. CY02 incidence/100K: USN=454; USMC=647.	3% (3000/100K)	OPNAVINST 6120.3
25-2: Reduce incidence of <b>Gonorrhea</b>	19 per 100K	U.S.-2002=125/100K. USN-2002=398 cases (104/100K). USMC-2002=214 cases (123/100K)	19 per 100K	supports BUMED Inst 6222.10A
25-3: Eliminate sustained domestic transmission of primary and secondary <b>Syphilis</b>	0.4 per 100K	U.S.-2002=2.4/100K. DoN-2002=2.9	0.4 per 100K	supports BUMED Inst 6222.10A
25-9: Reduce <b>congenital syphilis</b>	1 per 100K live births	U.S. = 11.1 per 100K live births in 2001	1 per 100K live births	supports BUMED Inst 6222.10A
25-13: Increase proportion of STD programs that routinely offer <b>Hep B vaccine</b> to all STD clients	90%	U.S. = 5%	90%	BUMED Inst 6222.10A
25-16: Increase proportion of sexually active <b>females aged 25 and under screened annually for Chlamydia</b>	developmental	developmental	90%	OPNAVINST 6120.3
25-18: Increase proportion of primary care providers who <b>treat</b> STDs in accordance with recognized standards	90%	U.S. = 70% in 1998	90%	BUMED Inst 6222.10A
(SHARP) Increase proportion of providers who <b>assess sexual risk</b> behavior during routine outpatient encounters	none	U.S. range: 28-50%	90%	OPNAVINST 6120.3; Tricare/CHAMPUS Policy manual 6101.47 M
<b>Provider Training</b>				
(SHARP) Increase proportion of primary care providers (PCP), health promotion specialists (HPS), preventive medicine technicians (PMT), environmental health officers (EHO) and independent duty corpsmen (IDC) who have completed <b>training in client-centered HIV/STD prevention counseling</b>	none	N/A	Minimum = one assigned PCP, HPS, EHO, and IDC plus 33% of assigned PMTs	supports achievement of OPNAVINST 6120.3
(SHARP) Increase proportion of primary care providers and IDCs who have completed <b>training in sexual risk assessments</b> in the outpatient setting	none	N/A	33%	supports achievement of OPNAVINST 6120.3
(SHARP) Increase proportion of primary care providers, health promoters, health educators, PMTs and IDCs who have completed on-going <b>self-study training in sexual health</b>	none	N/A	Minimum = one assigned PCP, HPS, EHO, and IDC plus 33% of assigned PMTs	supports achievement of SECNAVNOTE 5300
<b>Population Education</b>				
(SHARP) Increase the number of supported commands to which each MTF provided <b>general sexual responsibility training</b> (outreach)	none	N/A	Minimum = one other Command per year	SECNAVNOTE 5300