

POPULATION HEALTH AND OCCUPATIONAL HEALTH TRAINING COURSES FY 2005



A CATALOG OF COURSES OFFERED WORLDWIDE BY:

***NEHC, PORTSMOUTH, VA
NEPMU 2, NORFOLK, VA
NEPMU 5, SAN DIEGO, CA
NEPMU 6, PEARL HARBOR, HI
NDVECC, BANGOR, WA
NDVECC, JACKSONVILLE, FL***

PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2005

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GENERAL INFORMATION

1. **Quotas:** Quotas may be requested from the respective activity by letter, message, fax, e-mail, or via schoolhouse web page. Quotas are not granted via phone (except for extenuating circumstances) due to the high number of No-Shows they generate. To request a quota, forward the following information: course title and date, branch of service, rate/rank, full name, unit/command/ company, mailing address, telephone number, fax number, and e-mail address. Quota confirmation will be returned by same method used to request the quota. See special directions for each command in paragraph 4, below.
2. **To Cancel a Quota:** If students are unable to fill a requested quota, please notify the training activity as soon as possible. If quotas are filled, individuals may request to be placed on a standby list. Individual will be notified if/when a quota becomes available.
3. **Uniform:** Uniform of the day is required for all military personnel. Appropriate attire is required for all civilians. See special instructions in paragraph 4.d for NEPMU6 Pearl Harbor.
4. **Orders:** TAD orders are not required for personnel only attending training classes. The individual's parent command will retain service, health, dental, and pay records. When messing and/or berthing are required, it is recommended that parent commands issue orders as follows:
 - a. **NEHC:** Orders should direct students to report to the Commanding Officer, Navy Environmental Health Center, at the address provided in paragraph 1. During normal working hours (0730-1600), individuals report directly to the Navy Environmental Health Center. After hours individuals may leave a message on (757) 953-0700. Report prior to 0730 on the first day of the class. There is no military berthing available in Portsmouth.

Commanding Officer	Comm Phone: (757) 953-0975
Navy Environmental Health Center	DSN Phone: 377-0975
620 John Paul Jones Circle, Suite 1100	Comm Fax: (757) 953-0688
Portsmouth, VA 23708-2103	DSN Fax: 377-0688
Msg PLAD: NAVENVIRHLTHCEN PORTSMOUTH VA	
E-mail: training@nehc.mar.med.navy.mil	
Web site: http://www-nehc.med.navy.mil	

- b. **NEPMU-2:** Orders should direct individuals to report to Officer in Charge, Navy Environmental and Preventive Medicine Unit No. 2, Bldg X-336 Norfolk, VA 23511-3394. **Orders are required to attend training given by NEPMU 2.** Officer and Enlisted personnel requiring messing and berthing at the BOQ or the BEQ can request reservations toll free at 1-877-986-9258. Additional lodging is available at the Navy Lodge (1-800-628-9466), the Hampton INN (1-757-489-1000), and the Comfort INN-Navy Base (1-757-451-0000 or 1-800-Hampton). The Naval Station Norfolk PSD maintains a duty person onboard from 0600 to 1800 if assistance is required. The PSD can be contacted at DSN 564-5200 or commercial (757) 444-5200.

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Officer in Charge	Comm Phone: (757) 444-7671 ext 3001
Navy Environmental & Preventive Medicine Unit 2	DSN Phone: 564-7671 ext 3001
1887 Powhatan St	Comm Fax: (757) 444-1191
Norfolk, VA 23511-3394	
Msg PLAD: NAVENPVNTMEDU TWO NORFOLK VA	
E-mail: training-nepmu2-nor@mar.med.navy.mil	
Web site: http://www-nehc.med.navy.mil/nepmu2/nepmu2_index.htm	

c. **NEPMU 5 SAN DIEGO:** Report to Officer in Charge at the address below. During working hours, student will report to NEPMU5 in the uniform of the day. After working hours and on weekends, leave a message on the Unit's voice mail, above. Report the following working day prior to 0700 to Officer in Charge.

Officer in Charge	Comm Phone: (619) 556-7070
Navy Environmental & Preventive Medicine Unit 5	DSN Phone: (312) 526-7070
3235 Albacore Alley	Comm Fax: (619) 556-7071
San Diego, CA 92136-5199	DSN Fax: (312) 526-7071
Msg PLAD: NAVENPVNTMEDU FIVE SAN DIEGO CA	
E-mail: nepmu5@nepmu5.med.navy.mil	
Web site: http://www.nosc.mil/usn/nepmu5/	

d. **NEPMU 6 PEARL HARBOR:** Direct student to report to Officer in Charge at address below. NEPMU6 customers: please be aware that it is difficult to contact shipboard personnel via phone due to the frequently busy ship's phone lines. The most efficient method to contact NEPMU6 is via email or in person. Uniform of the day is required for all military personnel. Appropriate attire is required for all civilians (long trousers for men; pants or dress for women; collared shirt; boots, shoes or dress sandals, no "flip-flops/shower shoes/slippers."

Officer in Charge	Comm Phone: (808) 473-0555
Navy Environmental & Preventive Medicine Unit 6	DSN Phone: (315) 473-0555
1215 North Rd	Comm Fax: (808) 473-2754
Pearl Harbor, HI 96860-4477	DSN Fax: (315) 473-0555
Msg PLAD: NAVENPVNTMEDU SIX PEARL HARBOR	
E-mail: training@nepmu6.med.navy.mil	
Web site: http://nepmu6.med.navy.mil/	
Course registration web site: http://nepmu6.med.navy.mil/calendar.htm	

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e. **NDVECC JAX.** Orders should direct students to report to the Officer in Charge, Navy Disease Vector Ecology and Control Center, at the address provided in paragraph 1. During normal working hours (0730-1600), individuals report directly to the Navy Disease Vector Ecology and Control Center prior to 0730 on the day of the class. After normal working hours and on weekends, individuals will report to the Officer of the Day at the Main Gate. Reservations for enlisted berthing are available by calling DSN 942-8195 or commercial (904) 542-8195. Officer reservations at the BOQ are available by calling DSN 942-3138 or commercial (904) 542-3138.

Officer in Charge	Comm Phone: (904) 542-2424 ext 1
Navy Disease Vector Ecology and Control Center (NDVECC Jax)	DSN Phone: 942-2424
Box 43, Naval Air Station	Comm Fax: (904) 542-4324
Jacksonville, FL 32212-0043	DSN Fax:
Msg PLAD: NAVDISVECTECOLCONCEN JACKSONVILLE FL	
E-mail: dnwolfert@dveccjax.med.navy.mil	
Web site: http://dvecc-jax.med.navy.mil/	

f. **NDVECC BANGOR:** Report to Officer in Charge at address in paragraph 1. During working hours, student will report directly to NNDVECC in the uniform of the day. After working hours and on weekends, leave a message on the Center's voice mail, listed above. Report the following working day to Officer in Charge prior to 0700.

Officer in Charge	Comm Phone: (360) 315-4450
Navy Disease Vector Ecology and Control Center (NDVECC Bangor)	DSN Phone: (312) 322-4450
2850 Thresher Ave	Comm Fax: (360) 315-4455/56
Silverdale, WA 98315	DSN Fax: (312) 322-4450/56
Msg PLAD: NAVDISVECTECOLCONCEN BANGOR WA	
E-mail: ndveccedtra@pnw.med.navy.mil	
Web site: http://www.ndvecc.navy.mil/	

PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2005

CANTRAC Courses by CIN

<u>CIN</u>	<u>Course Title</u>	<u>Page</u>
B-322-0017	Medical Entomology and Pest Management Technology for PMTs	1
B-322-0020	Fundamentals of HIV-STD Prevention Counseling	1
B-322-1050	Medical Entomology & Pest Management Technology (Reserve Trng)	2
B-322-1070	Core: Pest Management Technology, Basic	2
B-322-1071	Plant Pest and Vegetation Management	3
B-322-1072	Arthropod and Vertebrate Pest Management	3
B-322-1074	DoD Pest Management Recertification	4
B-322-1075	Shipboard Pest Management	4
B-322-1077	Operational Entomology Training (OET)	5
B-322-2101	Food Safety Manager's/Supervisor's Course	6
B-322-2120	Water Sanitation Afloat	7
B-322-2130	Health Aspects of Marine Sanitation Devices	7
B-322-2203	Immunization and Prophylaxis	8
B-322-2209	Malaria Prevention and Control	8
B-322-2210	Laboratory Identification of Malaria	9
B-322-2220	Sexually Transmitted Diseases, Epidemiology, Diagnosis, Treatment and Interviewing Techniques	9
B-322-2221	Sexually Transmitted Disease Laboratory Procedures and Diagnosis	10
B-322-2223	Sexual Partner Counseling & Referral Services (PCRS)	10
B-322-2240	Viral Hepatitis	11
B-322-2241	Tuberculosis Control Program	11
B-322-2306	Industrial Hygiene Techniques/Exposure Monitor Training	12
B-322-2308	Spirometry in Occupational Medicine	12
B-322-2310	Hearing Conservation Afloat	13
B-322-2320	Heat Stress Afloat	13
B-322-2333	Analysis of Airborne Asbestos Samples	14
B-322-2334	Analysis of Bulk Asbestos Samples	14
B-322-2503	Water Analysis Membrane Filter Technique and Presence/Absence Test	15
B-322-2590	Laboratory Indoctrination Refresher (includes former lab courses)	15
B-322-3104	Health Promotion Basics Course	16
B-6H-0014	Health Promotion From the Mess Decks	16
B-6H-0016	Patient Centered Prevention Counseling	17
B-6H-0017	Basic Preventive Medicine and Epidemiology	17
B-6H-2000	Navy Industrial Hygiene Officer Orientation	18
B-9E-0861	Navy Environmental Health Officer Orientation Course	18

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Alphabetical List of CANTRAC Courses

<u>Course Title</u>	<u>CIN</u>	<u>Page</u>
Analysis of Airborne Asbestos Samples	B-322-2333	14
Analysis of Bulk Asbestos Samples	B-322-2334	14
Arthropod and Vertebrate Pest Management	B-322-1072	3
Basic Preventive Medicine and Epidemiology	B-6H-0017	17
Core: Pest Management Technology, Basic	B-322-1070	2
DoD Pest Management Recertification	B-322-1074	4
Food Safety Manager's/Supervisor's Course	B-322-2101	6
Fundamentals of HIV-STD Prevention Counseling	B-322-0020	1
Health Aspects of Marine Sanitation Devices	B-322-2130	7
Health Promotion Basics Course	B-322-3104	16
Health Promotion From the Mess Decks	B-6H-0014	16
Hearing Conservation Afloat	B-322-2310	13
Heat Stress Afloat	B-322-2320	13
Immunization and Prophylaxis	B-322-2203	8
Industrial Hygiene Techniques/Exposure Monitor Training	B-322-2306	12
Laboratory Identification of Malaria	B-322-2210	9
Laboratory Indoctrination Refresher (includes former lab courses)	B-322-2590	15
Malaria Prevention and Control	B-322-2209	8
Medical Entomology & Pest Management Technology for PMTs	B-322-0017	1
Medical Entomology & Pest Management Technology (Reserve Trng)	B-322-1050	2
Navy Environmental Health Officer Orientation Course	B-9E-0861	18
Navy Industrial Hygiene Officer Orientation	B-6H-2000	18
Operational Entomology Training	B-322-1077	5
Patient Centered Prevention Counseling	B-6H-0016	17
Plant Pest and Vegetation Management	B-322-1071	3
Sexual Partner Counseling & Referral Services (PCRS)	B-322-2223	10
Sexually Transmitted Diseases, Epidemiology, Diagnosis, Treatment and Interviewing	B-322-2220	9
Sexually Transmitted Disease Laboratory Procedures and Diagnosis	B-322-2221	10
Shipboard Pest Management	B-322-1075	4
Spirometry in Occupational Medicine	B-322-2308	12
Tuberculosis Control Program	B-322-2241	11
Viral Hepatitis	B-322-2240	11
Water Analysis Membrane Filter Technique and Presence/Absence Test	B-322-2503	15
Water Sanitation Afloat	B-322-2120	7

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Non-CANTRAC Classroom Courses

American Red Cross "HIV-AIDS Instructor"	19
Asbestos Awareness	19
Ergonomic and Back Injury Prevention	19
Field Operations in Southeast Asia: Field Sanitation Brief	19
Field Operations in Southeast Asia: Malaria ID Lab for the Field	20
Field Operations in Southeast Asia: Malaria Prevention and Control Brief	20
HAZCOM and MSDS Training	20
Health Promotion Director Course	20
Health Promotion From the Deckplate Course	21
Ionizing and Non-Ionizing Radiation	21
Lead Hazard Awareness	21
Preventive Medicine Representative (PMR) Course	22
Respiratory Protection	23
Sexual Risk Assessment in the Primary Care Setting	23
Sight Conservation	23
Spirometry Update Course	23

Non-CANTRAC Self-Study Courses

SHARP Navy and Marine Corps HIV Policy	24
SHARP Sexual Health Primer	24
SHARP Sexual Partner Counseling and Referral	24

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CANTRAC COURSES

MEDICAL ENTOMOLOGY AND PEST MANAGEMENT TECHNOLOGY FOR PREVENTIVE MEDICINE TECHNICIANS					
CIN: B-322-0017		Security Clearance: None		Course Length: 21 Days	
Description: Given classroom and field situations, student will be able to organize, implement and modify integrated control programs in a variety of routine and contingency environments both afloat and at shoreline facilities as vector control specialists; apply field epidemiological principles and assess vector-borne disease programs; select, operate, calibrate, and maintain vector control equipment with emphasis on the correct and environmentally safe use of pesticides.					
Target Audience: HM, NEC 8432					
Continuing Education Credits: IDC-12					
TRAINING HOSTS & DATES					
NEHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NDVECC BANGOR	NDVECC JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	No Classes	No Classes	29 Mar-26 Apr 05 (NSHS SD) 13 Jul-10 Aug 05 (NSHS SD)	No Classes	No Classes

FUNDAMENTALS OF HIV-STD PREVENTION COUNSELING					
CIN: B-322-0020		Security Clearance: None		Course Length: 2 Days	
Description: This interactive course provides opportunities for the participants to examine the various factors that influence risk-taking behavior. Students improve their one-on-one disease prevention counseling skills by learning and practicing the CDC 6-step process of effective client-centered counseling during role-play scenarios. Counselors learn how to help clients identify their risks, understand their options, and develop a plan to reduce their risk of infection or reinfection.					
Target Audience: All Medical Department personnel tasked with counseling individuals regarding sexual behavior risk reduction.					
Continuing Education Credits: AMA-13.25, ANA-16, IDC-16, NEHA-14, CHES-14					
TRAINING HOSTS & DATES					
NEHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NDVECC BANGOR	NDVECC JACKSONVILLE	NEPMU 6 PEARL HARBOR
Jan 05 TBD	*12-13 Oct 04	No Classes	No Classes	No Classes	No Classes
Feb 05 NEHC Conference					
Apr 05 TBD					
May 05 TBD					

*Quota control contact: sharp@nehc.mar.med.navy.mil

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CANTRAC COURSES

MEDICAL ENTOMOLOGY AND PEST MANAGEMENT TECHNOLOGY (RESERVE)					
CIN: B-322-1050		Security Clearance: None		Course Length: 10 Days	
<p>Description: Assumes no prior knowledge of the subject matter. Diseases and disorders caused by pests; nuisance and morale problems caused by pests; surveying for and recognizing pest species; protecting oneself from arthropod attack; integrating non-chemical and chemical measures to manage specific pests; pest management equipment, methods and material; pesticide effects on human health and the environment; pesticide safety; laws and regulations governing pesticides. This survey does NOT lead to certification, but satisfies all prerequisites required to attend Operational Entomology Training (B-322-1077). However, upon approval from NDVECC, this course allows Preventive Medicine Technicians whose certifications have elapsed to be initially certified as DoD Pesticide Applicators in Category 8 – Public Health.</p>					
Target Audience: All interested military personnel on active duty for 14 days of training					
Continuing Education Credits: IDC-12					
TRAINING HOSTS & DATES					
NEHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NDVECC BANGOR	NDVECC JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	No Classes	No Classes	6-17 Jun 05	7-18 Feb 05 6-17 Jun 05 11-22 Jul 05	No Classes

CORE PEST MANAGEMENT TECHNOLOGY, BASIC					
CIN: B-322-1070		Security Clearance: None		Course Length: 8 Days	
<p>Description: Professional-level training in 1) the general format and terminology of the pesticide label and labeling; 2) pesticide safety; 3) potential environmental consequences of the use and misuse of pesticides; 4) pest biology, habits and recognition, and the recognition of pest damage; 5) pesticide, formulations and their characteristics; 6) equipment types, maintenance and calibration; 7) application techniques; and 8) laws and regulations.</p>					
<p>Prerequisites: Military and Civilian – Completion of the correspondence course “Basic Pest Control Technology” NTTC 150, and one year on-the-job-training under a DoD-certified supervisor. All prerequisites should be conducted with the prior knowledge and approval of the candidate’s supervisory Entomologist or Applied Biologist.</p>					
Continuing Education Credits: IDC-12					
TRAINING HOSTS & DATES					
NEHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NDVECC BANGOR	NDVECC JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	No Classes	No Classes	31 Jan-9 Feb 05 12-19 Sep 05	7-14 Mar 05 12-19 Sep 05	No Classes

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CANTRAC COURSES

PLANT PEST AND VEGETATION MANAGEMENT					
CIN: B-322-1071		Security Clearance: None		Course Length: 4 Days	
<p>Description: Provides certification training in DoD pesticide applicator categories 2, 3, 3a, 5, 6, and 6a. Category 2 trains for forest types, forest nurseries, forest seed production, and special concerns in the forest environment; Category 3 trains for pesticide problems associated with the production and maintenance of ornamental trees, shrubs, plantings and turf; Category 3a trains for soil fumigation; Category 5 trains for special problems associated with the use of pesticides in fresh water; category 6 trains for herbicide use across a wide variety of environments, including waterways; and Category 6a trains for herbicide use on rangeland. Individuals completing this course are eligible to take the examination in any or all of the following pest control categories; Ornamental and Turf Pest Control, Aquatic Pest Control, Forest Pest Control and Right-of-Way Pest Control.</p>					
<p>Prerequisites: Course B-322-1070 completed successfully no earlier than 24 months prior to the ending date of this training. Civilian personnel submit request via cognizant Division Entomologist, Naval Facilities Engineering Command.</p>					
Continuing Education Credits: IDC-12					
TRAINING HOSTS & DATES					
NEHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NDVECC BANGOR	NDVECC JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	No Classes	No Classes	9-14 Feb 05	15-18 Mar 05	No Classes
			20-23 Sep 05	20-23 Sep 05	

ARTHROPOD AND VERTEBRATE PEST MANAGEMENT					
CIN: B-322-1072		Security Clearance: None		Course Length: 10 Days	
<p>Description: Provides certification training in DoD pesticide applicator Categories 7, 7a, and 8. Category 7 trains for a wide variety of pests present in the human residence and work environment; Category 7a trains for stack and structural fumigation; and Category 8 trains for chemical and non-chemical management of pests of public health importance. Any or all of the individual category certification examinations may be challenged by the student with the prior approval of the supervisory Entomologist or Applied Biologist. Individuals completing this course are eligible to take examinations in any or all of the following pest control categories; Industrial, Institutional, Structural and Health Related Pest Control and Public Health Pest Control.</p>					
<p>Prerequisites: B-322-1070 completed successfully no earlier than 24 months prior to the ending date of this training. Civilian personnel submit request via cognizant Division Entomologist, Naval Facilities Engineering Command.</p>					
Continuing Education Credits: IDC-12					
TRAINING HOSTS & DATES					
NEHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NDVECC BANGOR	NDVECC JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	No Classes	No Classes	14-18 Feb 05	21-30 Mar 05	No Classes
			26 Sep-5 Oct 05	26 Sep-05 Oct 05	

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CANTRAC COURSES

DOD PEST MANAGEMENT RECERTIFICATION					
CIN: B-322-1074		Security Clearance: None		Course Length: 3 Days	
Description: Review and update of the principles and practices of pest control and safe use of pesticides, and the chemical and non-chemical management of pests.					
Prerequisites: A current license in DoD pesticide applicator category 8, Public Health Pest Management. Civilian personnel may also submit request via cognizant Division Entomologist, Naval Facilities Engineering Command.					
Continuing Education Credits: IDC-12					
TRAINING HOSTS & DATES					
NEHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NDVECC BANGOR	NDVECC JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	No Classes	No Classes	27-29 Apr 05	16-18 Nov 04	No Classes
			30 Aug-1 Sep 05	12-14 Apr 05	

SHIPBOARD PEST MANAGEMENT					
CIN: B-322-1075		Security Clearance: None		Course Length: 2 Days	
Description: Course curriculum includes: Responsibilities for pest control aboard Naval vessels. Preparation for treatment, pesticide and safety, respiratory control program, biology and medical importance, survey and control of cockroaches, survey and control of miscellaneous insects, bedbugs, lice, flies, and mosquitoes.					
Prerequisites: HM, MS. Civilian personnel submit request via cognizant Division Entomologist, Naval Facilities Engineering Command.					
Continuing Education Credits: IDC-8					
TRAINING HOSTS & DATES					
NEHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NDVECC BANGOR	NDVECC JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	17-18 Nov 04	5-6 Oct 04	21-22 Oct 04 (Ingleside, TX)	Upon Request	10-11 Nov 04
	19-20 Jan 05	7-8 Dec 04	2-3 Mar 05		2-3 Feb 05
	16-17 Mar 05	8-9 Feb 05	11-12 May 05		6-7 Apr 05
	18-19 May 05	19-20 Apr 05	24-25 Aug 05		8-9 Jun 05
	20-21 Jul 05	1-2 Jun 05			3-4 Aug 05
	21-22 Sep 05	16-17 Aug 05			7-8 Sep 05

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CANTRAC COURSES

OPERATIONAL ENTOMOLOGY TRAINING					
CIN: B-322-1077		Security Clearance: None		Course Length: 10 Days	
Description: Geographic distribution of vector-borne disease threats; the philosophy of operational public health pest management; mastery of surveillance and control equipment and material; interpreting surveillance data; introduction to the diversity of biology and habits of vector species worldwide; mastery of vector control mathematics; planning and execution of arthropod and vertebrate pest management programs; accessing relevant information; team-based scenario solutions and field exercises.					
Prerequisites: Course B-322-0012, HM-PMT and Course B-322-1050; or state or federal certification in EPA pesticide applicator category 8, Public Health Pest Control; or responsibility within DoD, through training or position, for the oversight of deployed preventive medicine personnel. Civilian personnel submit request via cognizant Division Entomologist, Naval Facilities Engineering Command.					
Continuing Education Credits: IDC-12					
TRAINING HOSTS & DATES					
NEHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NDVECC BANGOR	NDVECC JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	No Classes	No Classes	19-28 Jan 05 (Pearl Harbor)	16-29 Oct 04 2-13 May 05	No Classes

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CANTRAC COURSES

FOOD SAFETY MANAGER'S/SUPERVISOR'S COURSE					
CIN: B-322-2101		Security Clearance: None		Course Length: 3 Days	
Description: Topics covered include basic instructor techniques; development of lesson topic guides; basic food microbiology; causes and prevention of food-borne illnesses; sanitary standards for equipment and utensils, dishwashing, food preparation and handling; personal hygiene and health standards for food service personnel; food inspection and storage; and pest control in food service areas.					
Prerequisites: Military food service personnel E-5 and above; civilian food service supervisors and club managers; and medical department personnel E-5 and above. Prospective students must possess average reading and writing skills. Students who satisfactorily complete the course will be certified to conduct basic and refresher food service sanitation training for 3 years per SECNAVINST 4061.1 series.					
Continuing Education Credits: IDC-12					
References: SECNAVINST 4061.1 series, NAVMED P-5010 (Chapter 1), NAVSUP 520					
TRAINING HOSTS & DATES					
NEHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NDVECC BANGOR	NDVECC JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	25-27 Oct 04	12-14 Oct 04	No Classes	No Classes	4-6 Oct 04
	29 Nov-1 Dec 04	2-4 Nov 04			24-26 Jan 05
	24-26 Jan 05	25-27 Jan 05			4-6 Apr 05
	28 Feb-2 Mar 05	15-17 Feb 05			25-27 Jul 05
	28-30 Mar 05	5-7 Apr 05			
	25-27 Apr 05	3-5 May 05			
	23-25 May 05	12-14 Jul 05			
	27-29 Jun 05	2-4 Aug 05			
	25-27 Jul 05				
	22-24 Aug 05				
26-28 Sep 05					

PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2005

CANTRAC COURSES

WATER SANITATION AFLOAT					
CIN: B-322-2120		Security Clearance: None		Course Length: 1/2 Day	
Description: Provides knowledge and skills necessary to set up and conduct a shipboard potable water surveillance program. Topics include: fundamentals of shipboard potable water sanitation including bromination and chlorination; care and disinfection of potable water hoses and risers; and surveillance of the potable water system for cross connections halogen residuals, and bacteriological quality.					
Prerequisites: None.					
Continuing Education Credits: IDC-5					
TRAINING HOSTS & DATES					
NEHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NDVECC BANGOR	NDVECC JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	No Classes	8 Dec 04	No Classes	No Classes	7 Oct 04
		2 Mar 05			4 Nov 04
		8 Jun 05			6 Jan 05
		7 Sep 05			3 Feb 05
					3 Mar 05
					7 Apr 05
					9 Jun 05
					7 Jul 05
					4 Aug 05
					8 Sep 05

HEALTH ASPECTS OF MARINE SANITATION DEVICES					
CIN: B-322-2130		Security Clearance: None		Course Length: 1 Day	
Description: Provide shipboard medical and engineering dept personnel with a basic knowledge of the health threats and hazards associated with marine sanitation devices installed aboard ship. Topics include the design, operation, health hazards, and surveillance of MSDs, clean-up and disinfection of sewage spills, personal protective equipment, & safety precautions.					
Continuing Education Credits: IDC-5					
References: NAVMED P-5010 (Chapter 7)					
TRAINING HOSTS & DATES					
NEHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NDVECC BANGOR	NDVECC JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	Upon Request	9 Nov 04	No Classes	No Classes	7 Oct 04
		9 Feb 05			4 Nov 04
		10 May 05			6 Jan 05
		17 Aug 05			3 Feb 05
					3 Mar 05
					7 Apr 05
					9 Jun 05
					7 Jul 05
					4 Aug 05
					8 Sep 05

PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2005

CANTRAC COURSES

IMMUNIZATIONS AND PROPHYLAXIS					
CIN: B-322-2203		Security Clearance: None		Course Length: 1/2 Day	
Description: Provide medical department personnel with a basic knowledge of all current immunization requirements and regimens for prophylaxis. Topics include: the principles, policies and current requirements for immunizations and regimens for rabies and malaria prophylaxis.					
Target Audience: HM					
Continuing Education Credits: IDC-5					
References: NAVMEDCOMINST 6230.1 series					
TRAINING HOSTS & DATES					
NEHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NDVECC BANGOR	NDVECC JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	No Classes	Upon Request	No Classes	No Classes	12 Oct 04
					11 Jan 05
					12 Apr 05
					12 Jul 05

MALARIA PREVENTION AND CONTROL					
CIN: B-322-2209		Security Clearance: None		Course Length: 1/2 Day	
Description: This course includes didactic instruction in pathogenesis, etiology, treatment, diagnosis, relevant recent medical intelligence and preventive aspects of malaria.					
Target Audience: Medical Department Representatives (HM, NP, PA, MD)					
Continuing Education Credits: IDC-5					
References: BUMEDINST 6230.2 series, Navy Medical Department's "Guide to Malaria Prevention and Control"					
TRAINING HOSTS & DATES					
NEHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NDVECC BANGOR	NDVECC JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	7 Dec 04	19 Oct 04	No Classes	No Classes	14 Oct 04
	8 Mar 05	18 Jan 05			13 Jan 05
	7 Jun 05	13 Apr 05			14 Apr 05
	6 Sep 05	19 Jul 05			14 Jul 05

PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2005

CANTRAC COURSES

LABORATORY IDENTIFICATION OF MALARIA					
CIN: B-322-2210		Security Clearance: None		Course Length: 1/2 Day	
Description: Provide instruction in the performance of malaria laboratory testing, species identification, and the procedures for deployment to the Western Pacific and Indian Oceans. Topics include collection of blood specimens, preparation of slides for staining, staining procedures, and interpretation of blood smears.					
Target Audience: HM					
Continuing Education Credits: IDC-3.5					
TRAINING HOSTS & DATES					
NEHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NDVECC BANGOR	NDVECC JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	7 Dec 04	19 Oct 04	No Classes	No Classes	14 Oct 04
	8 Mar 05	18 Jan 05			13 Jan 05
	7 Jun 05	13 Apr 05			14 Apr 05
	6 Sep 05	19 Jul 05			14 Jul 05

SEXUALLY TRANSMITTED DISEASES, EPIDEMIOLOGY, DIAGNOSIS, TREATMENT AND INTERVIEWING TECHNIQUES					
CIN: B-322-2220		Security Clearance: None		Course Length: 1/2 Day	
Description: Provides the skills to diagnose, treat and conduct an epidemiological investigation of sexually transmitted diseases. Topics include the epidemiology, etiology and treatments of sexually transmitted diseases, and the techniques for conducting a sexually transmitted disease interview.					
Target Audience: Medical Department Representatives (HM, NP, PA, MD)					
Continuing Education Credits: IDC-5					
References: BUMEDINST 6220.10 series, NAVMED P-5036					
TRAINING HOSTS & DATES					
NEHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NDVECC BANGOR	NDVECC JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	No Classes	Upon Request	No Classes	No Classes	13 Oct 04
					12 Jan 05
					13 Apr 05
					13 Jul 05

PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2005

CANTRAC COURSES

SEXUALLY TRANSMITTED DISEASES LABORATORY PROCEDURES AND DIAGNOSIS					
CIN: B-322-2221		Security Clearance: None		Course Length: 1/2 Day	
Description: This course covers laboratory procedures used to diagnose the most common sexually transmitted diseases including Gram's stain of urethral discharge, culture of Neisseria gonorrhoea, darkfield examination of suspected syphilitic lesions, and the RPR serologic test for syphilis.					
Target Audience: HM					
Continuing Education Credits: IDC-3					
TRAINING HOSTS & DATES					
NEHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NDVECC BANGOR	NDVECC JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	No Classes	Upon Request	No Classes	No Classes	13 Oct 04
					12 Jan 05
					13 Apr 05
					13 Jul 05

SEXUAL PARTNER COUNSELING AND REFERRAL SERVICES (PCRS)					
CIN: B-322-2223		Security Clearance: None		Course Length: 1 Day	
Description: Course includes lectures and role playing exercises. Course content includes the four referral options and 11-step partner referral process.					
Target Audience: Physicians, nurses, IDC, PMTs, PM representatives, PM Petty Officers and family counselors are eligible to attend training. Strongly recommend completion of this course self-study version, which may be downloaded from the SHARP website or order hard copy from SHARP.					
Continuing Education Credits: NEHA-5, CHES-5; IDC-5					
TRAINING HOSTS & DATES					
NEHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NDVECC BANGOR	NDVECC JACKSONVILLE	NEPMU 6 PEARL HARBOR
12 Feb 05 (NEHC Conference)	*14 Oct 04	TBD	No Classes	No Classes	No Classes

*Quota control contact: sharp@nehc.mar.med.navy.mil

PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2005

CANTRAC COURSES

VIRAL HEPATITIS					
CIN: B-322-2240		Security Clearance: None		Course Length: 1/2 Day	
Description: Skills to diagnose and prevent viral hepatitis. Topics include the clinical and epidemiological characteristics of hepatitis A, hepatitis B, and non-A, non-B hepatitis proper diagnosis by laboratory testing and current recommendations for protection against viral hepatitis.					
Target Audience: HM					
Continuing Education Credits: IDC-5					
TRAINING HOSTS & DATES					
NEHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NDVECC BANGOR	NDVECC JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	No Classes	Upon Request	No Classes	No Classes	15 Oct 04
					10 Jan 05
					11 Apr 05
					11 Jul 05

TUBERCULOSIS CONTROL PROGRAM					
CIN: B-322-2241		Security Clearance: None		Course Length: 1/2 Day	
Description: Familiarizes medical department personnel with the etiology, epidemiology and treatment of tuberculosis; and the requirements of the Navy Tuberculosis Control Program.					
Prerequisites: None.					
Continuing Education Credits: IDC-5					
TRAINING HOSTS & DATES					
NEHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NDVECC BANGOR	NDVECC JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	No Classes	Upon Request	No Classes	No Classes	12 Oct 04
					11 Jan 05
					12 Apr 05
					12 Jul 05

PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2005

CANTRAC COURSES

INDUSTRIAL HYGIENE TECHNIQUES/EXPOSURE MONITOR TRAINING					
CIN: B-322-2306		Security Clearance: None		Course Length: 11 Days	
Description: This course offers an overview of industrial hygiene principles and instrumentation procedures for monitoring chemical and physical agents of disease.					
Prerequisites: Personnel assigned to or in a position classified as an industrial hygienist, industrial hygiene officer, industrial hygiene technician, or workplace monitor.					
Continuing Education Credits: IDC-12					
TRAINING HOSTS & DATES					
NEHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NDVECC BANGOR	NDVECC JACKSONVILLE	NEPMU 6 PEARL HARBOR
19-29 Oct 04					
25 Jan-4 Feb 05	No Classes	TBD	No Classes	No Classes	No Classes
22 Mar-1 Apr 05					
14-24 Jun 05					
9-19 Aug 05					

SPIROMETRY IN OCCUPATIONAL MEDICINE					
CIN: B-322-2308		Security Clearance: None		Course Length: 3 Days	
Description: This course is approved by NIOSH to meet OSHA regulations of occupational health screening spirometry. Information presented covers basic physiology of forced vital capacity maneuver, instrumentation requirements including calibration procedures, sources of error, performance of testing including subject coaching, recognition of improperly performed maneuvers, data quality with emphasis on reproducibility, actual calculations of results.					
Prerequisites: Medical staff with a background in hands-on health care					
Continuing Education Credits: ANA-20.4, IDC-12					
TRAINING HOSTS & DATES					
NEHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NDVECC BANGOR	NDVECC JACKSONVILLE	NEPMU 6 PEARL HARBOR
15-18 Nov 05 (Bremerton)	No Classes	No Classes	No Classes	No Classes	No Classes

PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2005

CANTRAC COURSES

HEARING CONSERVATION AFLOAT					
CIN: B-322-2310		Security Clearance: None		Course Length: 1/2 Day	
Description: Provide the knowledge necessary for personnel to set up and conduct a hearing conservation program aboard ship per OPNAVINST 5100.23 series. Topics include the fundamentals of sound, noise measurements, noise hazards aboard ships, medical aspects of hearing loss, hearing protection, and audiometric testing..					
Continuing Education Credits: IDC-3.5					
TRAINING HOSTS & DATES					
NEHC PORTSMOUTH	NEPMU 2 NORFOLK (VTC)	NEPMU 5 SAN DIEGO	NDVECC BANGOR	NDVECC JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	*15 Nov 04	6 Oct 04 19 Jan 05	No Classes	No Classes	7 Oct 04 4 Nov 04
	*25 Jan 05	12 Apr 05 19 Jul 05			6 Jan 05 3 Feb 05
	*15 Mar 05				3 Mar 05 7 Apr 05
	*23 May 05				9 Jun 05 7 Jul 05
	*19 Jul 05				4 Aug 05
	*13 Sep 05				8 Sep 05

HEAT STRESS AFLOAT					
CIN: B-322-2320		Security Clearance: None		Course Length: 1/2 Day	
Description: Provide training to medial department personnel, heat stress monitors and supervisory personnel to conduct the Navy's heat stress program. Topics include medical aspects prevention and survey techniques of heat stress, definition & use of the WBGT index, calibration and operation of the WBGT meter, report requirements, and deficiency abatement procedures.					
Target Audience: DC, EN, HM, HT, IC, MM, MS, SH, SK & Medical and Safety Officers					
Continuing Education Credits: IDC-5					
References: OPNAVINST 5100.23 series, OPNAVINST 5100.19 series, OPNAVINST 5100.20 series					
TRAINING HOSTS & DATES					
NEHC PORTSMOUTH	NEPMU 2 NORFOLK (VTC)	NEPMU 5 SAN DIEGO	NDVECC BANGOR	NDVECC JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	*15 Nov 04	6 Oct 04 19 Jan 05	No Classes	No Classes	7 Oct 04 4 Nov 04
	*25 Jan 05	12 Apr 05 6 Jul 05			6 Jan 05 3 Feb 05
	*15 Mar 05				3 Mar 05 7 Apr 05
	*23 May 05				9 Jun 05 7 Jul 05
	*19 Jul 05				4 Aug 05
	*13 Sep 05				8 Sep 05

PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2005

CANTRAC COURSES

ANALYSIS OF AIRBORNE ASBESTOS SAMPLES					
CIN: B-322-2333		Security Clearance: None		Course Length: 5 Days	
<p>Description: This course is HANDS-ON training and analysis of field samples to ensure that the student is familiar with all aspects of the analytical method as well as the equipment used. Student results will be compared with known concentrations to test knowledge and proficiency. Students will learn to set up and calibrate air sampling systems and microscopes; use phase contrast techniques; analyze sampling filters to determine airborne fiber concentrations principles of inter and intra laboratory statistics; and how to enroll in the Proficiency Analytical Testing (PAT) Program of NIOSH.</p>					
Target Audience: Personnel must be assigned direct responsibility for asbestos analysis.					
Continuing Education Credits: IDC-12					
TRAINING HOSTS & DATES					
NEHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NDVECC BANGOR	NDVECC JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	25-29 Apr 05	TBD	No Classes	No Classes	No Classes

ANALYSIS OF BULK ASBESTOS SAMPLES					
CIN: B-322-2334		Security Clearance: None		Course Length: 5 Days	
<p>Description: Train to determine if material contains asbestos through qualitative analysis using polarizing light microscopy and dispersion staining methods. A major portion of the course is HANDS-ON training and analysis of field samples to ensure that the student is familiar with all aspects of the qualitative method as well as the equipment used. Student results will be compared with known insulation samples to test knowledge and proficiency. Students will learn to set up polarizing light microscopes; use dispersion staining techniques; analyze bulk samples for the presence of asbestos; and how to enroll in a national quality assurance program for asbestos identification.</p>					
Target Audience: Personnel who have direct responsibility for asbestos analysis of bulk material.					
Continuing Education Credits: IDC-12.					
TRAINING HOSTS & DATES					
NEHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NDVECC BANGOR	NDVECC JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	2-6 May 05	TBD	No Classes	No Classes	No Classes

PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2005

CANTRAC COURSES

WATER ANALYSIS MEMBRANE FILTER TECHNIQUE AND PRESENCE/ABSENCE TEST					
CIN: B-322-2503		Security Clearance: None		Course Length: 1/2 Day	
Description: Provides the knowledge and skills necessary to perform the total coliform test on potable water using the membrane filter technique. This course covers potable water sampling and membrane filter analysis through demonstration and hands-on performance of tests using actual or mock samples.					
Prerequisites: None.					
Continuing Education Credits: IDC-5					
TRAINING HOSTS & DATES					
NEHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NDVECC BANGOR	NDVECC JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	No Classes	Upon Request	No Classes	No Classes	Upon Request

LABORATORY INDOCTRINATION REFRESHER					
CIN: B-322-2590		Security Clearance: None		Course Length: 3 Days	
Description: This course is designed as a basic indoctrination or review of laboratory sciences for shipboard Medical Department Representatives. Covers hematology, urinalysis, microbiology, and related subjects such as the bacterial analysis of water and the diagnosis of infectious diseases endemic to WESTPAC areas.					
Prerequisites: Laboratory technicians and IDC responsible for performing shipboard laboratory tests. HM, NEC 8402, NEC 8425, NEC 8506					
Continuing Education Credits: IDC-12					
TRAINING HOSTS & DATES					
NEHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NDVECC BANGOR	NDVECC JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	No Classes	9-11 Aug 05	No Classes	No Classes	No Classes

PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2005

CANTRAC COURSES

HEALTH PROMOTION BASICS COURSE					
CIN: B-322-3104		Security Clearance: None		Course Length: 2 Days	
Description: Provided to assist health promotion coordinators in the development, implementation and evaluation of local command health promotion programs. Includes topics on definition of health promotion, how health promotion supports readiness, stages of change, strategies, developing a budget, resources and marketing.					
Continuing Education Credits: ANA-14, IDC-14.5, CHES-12					
TRAINING HOSTS & DATES					
NEHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NDVECC BANGOR	NDVECC JACKSONVILLE	NEPMU 6 PEARL HARBOR
20-21 Oct 04 (Pearl Harbor)	*TBD (Mar 05)	No Classes	No Classes	No Classes	No Classes
13-14 Nov 04 (AMSUS Denver)	*TBD (Jun 05)				
12-13 Feb 05 (NEHC Conference)	*TBD (Sep 05)				

*Quota control contact Cathy Waters (757) 953-9248

HEALTH PROMOTION FROM THE MESS DECKS					
CIN: B-6H-0014		Security Clearance: None		Course Length: 2 Days	
Description: This Navy training is offered as a two-day seminar with topics that include health promotion, nutrition education, weight management, sports nutrition, menu planning and menu/recipe makeovers.					
Prerequisites: Certified Mess Specialists					
Continuing Education Credits: IDC-12					
TRAINING HOSTS & DATES					
NEHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NDVECC BANGOR	NDVECC JACKSONVILLE	NEPMU 6 PEARL HARBOR
TBD	No Classes	No Classes	No Classes	No Classes	No Classes

PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2005

CANTRAC COURSES

PATIENT-CENTERED PREVENTION COUNSELING					
CIN: B-6H-0016		Security Clearance: None		Course Length: 2 Days	
Description: Course includes lectures and role-playing exercises covering basic skills in patient-centered prevention counseling; counseling techniques, counseling concepts, identifying health risk behaviors and circumstances, identifying healthier behaviors, and identifying proper referrals.					
Prerequisites: Licensed health care providers (physician, nurse, dietician, physical therapist) recommended by their command, and HM E-5 and above, NEC 8402, NEC 8425, NEC 8432					
Continuing Education Credits: AMA-11, ANA-13, IDC-14					
TRAINING HOSTS & DATES					
NEHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NDVECC BANGOR	NDVECC JACKSONVILLE	NEPMU 6 PEARL HARBOR
Feb 05 (NEHC Conference)	No Classes	No Classes	No Classes	No Classes	No Classes

BASIC PREVENTIVE MEDICINE AND EPIDEMIOLOGY					
CIN: B-6H-0017		Security Clearance: None		Course Length: 3 Days	
Description: This interactive course trains Navy Medical Public Health responsibilities involving diagnosis, treatment, and control of infectious diseases. Upon completion students should: recognize infectious disease that are threats to military populations; be knowledgeable about Epidemiology, diagnosis and investigation of infectious diseases; be familiar with disease treatment or know the resources from which to obtain appropriate treatment; be able to recommend control and preventive measures for infectious disease threats.					
Target Audience: Medical Department personnel					
Continuing Education Credits: IDC-112					
TRAINING HOSTS & DATES					
NEHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NDVECC BANGOR	NDVECC JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	18-22 Oct 04	No Classes	No Classes	No Classes	No Classes
	10-12 Jan 05				
	11-13 Apr 05				
	11-13 Jul 05				

PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2005

CANTRAC COURSES

NAVY INDUSTRIAL HYGIENE OFFICER ORIENTATION					
CIN: B-6H-2000		Security Clearance: None		Course Length: 19 Days	
Description: Course includes topics on occupational safety; occupational health, hazardous materials control; heat stress; hearing conservation; sight conservation; respiratory protection; blood-borne pathogens; asbestos control; personal protective equipment; lead control; non-ionizing radiation; ergonomics; occupational reproductive hazards; indoor air quality; medical surveillance; field operations and sampling procedures; exposure assessment; noise surveys, industrial ventilation; Navy correspondence; and CBR hazard assessment.					
Prerequisites: NOBC 0862					
Continuing Education Credits: None.					
TRAINING HOSTS & DATES					
NEHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NDVECC BANGOR	NDVECC JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	No Classes	TBD	No Classes	No Classes	No Classes

NAVY ENVIRONMENTAL HEALTH OFFICER ORIENTATION					
CIN: B-9E-0861		Security Clearance: None		Course Length: 26 Days	
Description: Course includes topics on field sanitation, food safety, pest control, occupational health, water supply ashore and afloat, swimming pools and bathing places, wastewater treatment and disposal afloat and ashore, sanitation of living and working facilities, communicable disease prevention and control, health promotion, career development, and the medical management of CBRE casualties.					
Target Audience: All Navy Environmental Health Officers that have a Masters degree in Public Health from an accredited school.					
Continuing Education Credits: None.					
TRAINING HOSTS & DATES					
NEHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NDVECC BANGOR	NDVECC JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	No Classes	TBD	No Classes	No Classes	No Classes

PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2005

NON-CANTRAC CLASSROOM COURSES

AMERICAN RED CROSS "HIV-AIDS INSTRUCTOR"	
Security Clearance: None	Course Length: 3 Days
Description: This comprehensive AIDS education program includes teacher/leader guides, student workbooks, parent brochures, and a variety of teaching videos. Facilitator candidates will be prepared to provide age appropriate information to help reduce the risk of HIV transmission.	
Target Audience: Preventive Medicine, Health Promotion, Semper Fit, All Hands	
Continuing Education Credits: None	
Website: http://www-nehc.med.navy.mil/hp/sharp/index.htm	

ASBESTOS AWARENESS	
Security Clearance: None	Course Length: 1 Hour
Description: This awareness course is meant to convey information about a topic that many people misunderstand; Asbestos. The lecture will cover topics such as history of asbestos and its use, chemical and physical properties, its physiological effect on the body, and the health hazard associated with it. This lesson is presented upon request	
Target Audience: All Hands. Presented Upon Request.	
Continuing Education Credits: None	
E-mail: For more info or to request this brief, contact ih@nepmu6.med.navy.mil	

ERGONOMICS AND BACK INJURY PREVENTION	
Security Clearance: None	Course Length: 1 Hour
Description: This course covers the basic principles of ergonomic and repetitive motion injury. A basic description of certain aspects of the musculoskeletal system is given along with information on how to help prevent injury to these systems. Suggestions on how to perform certain tasks in a safer manner are also demonstrated. This lesson is presented upon request.	
Target Audience: All Hands. Presented Upon Request.	
Continuing Education Credits: None	
E-mail: For more info or to request this brief, contact ih@nepmu6.med.navy.mil	

FIELD OPERATIONS IN SOUTHEAST ASIA: FIELD SANITATION BRIEF	
Security Clearance: None	Course Length: 1 Hour
Description: A one hour refresher brief for health care providers who are or will be attached to Field Operations in Southeast Asia. This brief covers various field sanitation measures that reduce risk of water and/or food-borne illness, and provides methods for minimizing the unit's exposure risk to water-borne and/or food-borne illnesses while in the field. This lesson is presented upon request.	
Target Audience: Specifically tailored for personnel enroute to field duty in SE Asia. Presented Upon Request.	
Continuing Education Credits: None	
E-mail: For more info or to request this brief, contact eh@nepmu6.med.navy.mil	

PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2005

NON-CANTRAC CLASSROOM COURSES

FIELD OPERATIONS IN SOUTHEAST ASIA: MALARIA ID LAB FOR THE FIELD	
Security Clearance: None	Course Length: 1 Hour
Description: This course is designed for all Medical Department Representatives deployed to WESTPAC and the Indian Ocean areas who will perform lab tests that check for presence of Malaria. Practical training may be modified to fit laboratory capability. Training consists of lecture presentations, demonstrations, and bench-top practical training. <i>Prospective students are requested to contact the Microbiology Department in advance, so that we can tailor the class to meet student needs.</i> This lesson is presented upon request.	
Target Audience: Specifically tailored for personnel enroute to field duty in SE Asia. Presented Upon Request.	
Continuing Education Credits: None	
E-mail: For more info or to request this brief, contact micro@nepmu6.med.navy.mil	

FIELD OPERATIONS IN SOUTHEAST ASIA: MALARIA PREVENTION AND CONTROL BRIEF	
Security Clearance: None	Course Length: 3 Hours
Description:	
Target Audience: Specifically tailored for personnel enroute to field duty in SE Asia. Presented Upon Request.	
Continuing Education Credits: None	
E-mail: For more info or to request this brief, contact epi@nepmu6.med.navy.mil	

HAZCOM AND MSDS TRAINING	
Security Clearance: None	Course Length: 1 Hour
Description: A four-hour refresher for healthcare providers of all levels which focuses on the measures needed to prevent malaria in personnel working in field conditions in SE Asia, including chemoprophylaxis and personal protective measures. Presented upon request.	
Target Audience: All Hands. Presented Upon Request.	
Continuing Education Credits: None	
E-mail: For more info or to request this brief, contact ih@nepmu6.med.navy.mil	

HEALTH PROMOTION DIRECTOR COURSE	
Security Clearance: None	Course Length: 4 Days
Description: Course offers valuable information regarding the planning, implementation, and evaluation of an effective Health Promotion Program. Additional information related to Navy Health Promotion and Marine Corps Semper Fit Programs is included in the course.	
Target Audience: Health Promotion staff at MTFs, Semper Fit Coordinators, Health Promotion Coordinators at fleet commands (military members E-7 and above, or DoD civilians GS-9 and above). Course is given twice a year.	
Continuing Education Credits: AMA-24.25, ANA-29.2, CHES-24, IDC-24.3	
Website: http://www-nehc.med.navy.mil/hp/tc/hpd.htm	
Point of Contact: Health Promotion Training Program Manager: mailto:hp-Training@nehc.mar.med.navy.mil	

PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2005

NON-CANTRAC CLASSROOM COURSES

HEALTH PROMOTION FROM THE DECKPLATE COURSE	
Security Clearance: None	Course Length: 3 Days
<p>Description: Naval Medical Center, San Diego, offers twice a year a three-day training course titled Health Promotion at the Deckplates (HPDP). HPDP course represents a comprehensive overview of important Health promotion issues facing today's armed services and equips those attending to deliver effective health promotion training at their respective worksites. Sample subjects include stress management, suicide awareness, sexual responsibility, alcohol awareness, cholesterol management, sports injury prevention, nutrition for peak performance, tobacco cessation, fitness, weight management and hypertension management. For those who attend the two-day Deckplate training, a Tobacco Cessation Facilitators' course will be offered on day three. Due to limited space requirements tobacco cessation training will be available for Deckplate participants only. Attendees will receive an instructor training manual including a CD-Rom of all educational materials.</p>	
<p>Target Audience: Targeted personnel who are encouraged to attend include but is not limited to Command Training Officers, Command Fitness Leaders, Health Promotion and Wellness Coordinators, Independent Duty Corpsman, Medical Department Representatives (E-4 above) and DoD Civilians.</p>	
Continuing Education Credits: None.	
Point of Contact: NMCSD, HP Department (619) 532-5455	

IONIZING AND NON-IONIZING RADIATION	
Security Clearance: None	Course Length: 1 Hour
<p>Description: The properties of ionizing and non-ionizing radiation are discussed in this lecture. Information on the various types of radiation in each group are discussed along with how to minimize exposure to these types of radiation in the workplace, the degree of hazard associated with a workplace exposure, and radiation measurement theory. This lesson is presented upon request.</p>	
Target Audience: All Hands. Presented Upon Request.	
Continuing Education Credits: None	
E-mail: For more info or to request this brief, contact ih@nepmu6.med.navy.mil	

LEAD HAZARD AWARENESS	
Security Clearance: None	Course Length: 1 Hour
<p>Description: A basic discussion on the history of lead use, lead properties, lead uses, and potential hazards associated with it. This lesson is presented upon request.</p>	
Target Audience: All Hands. Presented Upon Request.	
Continuing Education Credits: None	
E-mail: For more info or to request this brief, contact ih@nepmu6.med.navy.mil	

PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2005

NON-CANTRAC CLASSROOM COURSES

PREVENTIVE MEDICINE REPRESENTATIVE (PMR) COURSE	
Security Clearance: None	Course Length: 4 Days
<p>Description: This course can be tailored to the needs of the requesting command or individuals. Course can last from one to four days, depending on topics requested. Topics include:</p> <ul style="list-style-type: none"> • Intro to Force Health Protection • Malaria Control Program • Other Vector-Borne Disease • STD Part One: Diseases, Treatments • STD Part Two: Contact Interviewing (Practical Exercise) • TB Part One: The Disease & TB Control Program Requirements • TB Part Two: Practical Exercises Proper Administration & Interpretation of a PPD • Immunizations • Intro to Disease Investigating • Medical Event Reporting Database Demo • Shipboard automated Medical System • Field Galleys Set-up and Waste Disposal • Safe Food Preparation and Serving • Cleaning and Sanitizing Dishware, Utensils and Food Service Equipment • Habitability Inspections (Practical Exercise) • Overview of Waterborne Illnesses • Water supply & Sanitation in the Field • Hands-on Water Testing Exercise • PPE Set-up and Permethrin Uniform TX (Practical Exercise) • Poisonous Marine Life • Poisonous Land Creatures and Plants • Intro to Microbiology • HAXMAT, Overview & Management of Medical Waste • Heat Injuries, Marine Corps Heat Stress Program • Cold Injuries Prevention, Identification and Treatment • Hearing Conservation • Asbestos Surveillance Medical Program • Preventive Medicine Programs Management <p>Course available upon request.</p>	
Target Audience: Preventive Medicine Representatives (HM) serving with Marine Corps units. Taught Upon Request.	
Continuing Education Credits: None	
Website: http://nepmu6.med.navy.mil/	
Point of Contact: E-mail: eh@nepmu6.med.navy.mil	

PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2005

NON-CANTRAC CLASSROOM COURSES

RESPIRATORY PROTECTION	
Security Clearance: None	Course Length: 1 Hour
Description: This course covers the importance of a comprehensive respiratory protection program in certain work areas. Elements of the program such as respirator selection, medical evaluation, training, fit testing, and respirator cleaning will be discussed in detail. This course will help command Respiratory Protection Program Managers refresh their skills as well as assisting new and current respirator users become familiar with or reacquaint themselves with their respiratory protection equipment. This lesson is presented upon request.	
Target Audience: All Hands. Presented Upon Request.	
Continuing Education Credits: None	
E-mail: For more info or to request this brief, contact training@nepmu6.med.navy.mil	

SEXUAL RISK ASSESSMENT IN THE PRIMARY CARE SETTING	
Security Clearance: None	Course Length: 1.5 hours
Description: 90 minutes lecture introduces and demonstrates the CDC Project Respect model for prevention counseling, a research-based model which has been shown to increase safer behavior and reduce STD reinfection rates. It introduces data about HIV, STD, and unplanned pregnancy incidence, and introduces data which indicate that providers often miss opportunities to discuss sexual health with their clients. Role-plays are used to demonstrate "typical" and "model" brief interventions with a patient.	
Target Audience: Physicians, nurse practitioners, physician assistants, clinical nurses, IDC	
Continuing Education Credits: AMA-1.5, ANA-1.8, IDC-2, CHES-1.5, NEHA-2	
Website: http://www-nehc.med.navy.mil/hp/sharp/index.htm	

SIGHT CONSERVATION	
Security Clearance: None	Course Length: 1 Hour
Description: This course will describe various eye hazards that may exist in the workplace, signage, posting, and emergency eye care requirements, and will provide information and various types of eye protection. This lesson is presented upon request.	
Target Audience: All Hands. Presented Upon Request.	
Continuing Education Credits: None	
E-mail: For more info or to request this brief, contact ih@nepmu6.med.navy.mil	

SPIROMETRY UPDATE COURSE	
Security Clearance: None	Course Length: 1 Day
Description: This course is a overview and update to spirometry screening.	
Target Audience: Physicians, nurses and health technicians using screening spirometry	
Continuing Education Credits: ANA-8.1 All medical staff using screening spirometry evaluations should complete this update at least every 3 years.	
Website: http://www-nehc.med.navy.mil/occmcd/spirotm.htm	
Point of Contact: Occupational and Environmental Medicine, (757) 953-0728, DSN 377-0728	

PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2005

NON-CANTRAC SELF-STUDY COURSES

SHARP NAVY AND MARINE CORPS HIV POLICY (Self-study) (Previously the NAVY HIV INSTRUCTOR)	
Security Clearance: None	Course Length: N/A
Description: This course includes information about the HIV epidemic in the world, the U.S. and the DoN, and closely reflects policy as given in SECNAVIST 5300.30C. A certificate of training will be issued to each person who completes the 38-question exam.	
Target Audience: Preventive Medicine, Health Promotion, Semper Fit, All medical	
Continuing Education Credits: ANA-3, IDC-3, NEHA-3, AMA-3 (All Category II)	
Website: http://www-nehc.med.navy.mil/hp/sharp/index.htm If you would prefer files be sent via e-mail or U.S. mail, contact the SHARP team at mailto:sharp@nehc.mar.med.navy.mil	

SHARP SEXUAL HEALTH PRIMER (Self-study)	
Security Clearance: None	Course Length: N/A
Description: Course covers the impact of STDs and unplanned pregnancy and sexual behavior risk assessment and risk reduction counseling guidance for health care providers. A certificate of training will be issued to each person who completes the 40-question exam.	
Target Audience: Preventive Medicine, Health Promotion, Semper Fit, All medical	
Continuing Education Credits: ANA-3, IDC-3, AMA-3 (All Category II)	
Website: http://www-nehc.med.navy.mil/hp/sharp/index.htm If you would prefer files be sent via e-mail or U.S. mail, contact the SHARP team at mailto:sharp@nehc.mar.med.navy.mil	

SHARP SEXUAL PARTNER COUNSELING AND REFERRAL (Self-Study)	
Security Clearance: None	Course Length: 1.5 hours
Description: This self-study course is structured around the curriculum of a 3-day resident course developed by the CDC for HIV partner referrals. This course introduces the student to the CDC's 11-step HIV-referral model for bringing to treatment the sexual partners of patients and adds information about the referral of partners infected with other sexually transmitted infections. It also covers important counseling concepts and the four partner referral options.	
Target Audience: Preventive Medicine, Health Promotion, Semper Fit, All medical	
Continuing Education Credits: NEHA-1.5,AMA-1.5, ANA-1.8, IDC-1.5 (all Category II)	
Website: http://www-nehc.med.navy.mil/hp/sharp/index.htm If you would prefer files be sent via e-mail or U.S. mail, contact the SHARP team at mailto:sharp@nehc.mar.med.navy.mil	